

Visitation of the Sick

Please inform the hospital staff upon arrival that the patient is Roman Catholic and ask for the hospital's Catholic Chaplain. Also, please notify the Parish Office when a parishioner/family member is hospitalized or housebound. Call the Parish Office to arrange visitation, Holy Communion or Anointing.

Reminder: Confession Preparation

We kindly ask all parishioners to arrive **early and prepared** for the Sacrament of Confession. Taking time beforehand to examine your conscience, reflect in prayer, and prepare your heart allows the sacrament to be celebrated with reverence and peace.



Sign of Reverence before receiving Holy Communion

For those who prefer to stand in receiving Communion, please note that as the communicant in front of you receives Holy Communion, you are to make a sign of reverence by bowing to the Eucharist, His true presence.



WINDOWS IN CHURCH

Let's care for both our parish and our planet. To help conserve energy, please remember to **close any windows you open** after each Mass. Practicing good stewardship is a —and every small act makes a difference. Thank you!

A FRIENDLY REMINDER

As the summer heat arrives, we kindly remind everyone to observe proper dress etiquette when attending church. Light, comfortable clothing is understandable during warm weather, but please ensure attire remains respectful, modest, and appropriate for a place of worship.

Please refer to the poster for guidance on appropriate and inappropriate attire. Thank you for your understanding and cooperation!

**LET US ALWAYS PRAY
FOR ONE ANOTHER**

POPE FRANCIS



ST. JOHN THE APOSTLE PARISH BULLETIN

5457 Trafalgar Street, Vancouver, BC V6N 1C1 T 604.266.8800 parish.sjoh@rcav.org www.sjaparish.ca

Sixteenth Sunday in Ordinary Time July 19, 2026

Pastor

Fr. Paul Chu
pchu@rcav.org
778-834-1234

(for emergency sick-call only)

Deacon Kenneth Fung
kfung@rcav.org
Sister Theresa Zhang

Office Manager

Melita Soriano
office@sjaparish.ca

Parish Office Hours

Tue-Fri 8:30 AM-4 PM

Weekend Masses

廣東話主日提前彌撒:

星期六 下午四時

Sat 4 PM (Cantonese),
5:30 PM

Sun 9 AM, 11 AM, 5:30 PM

Mandarin Mass

普通話主日彌撒

每月第三主日 下午三時

Weekday Masses

Mon-Sat 8 AM

Public Holidays 9 AM

Confession

20 minutes before all
weekend Masses and

15 minutes before all
weekday Masses

Adoration

Fri 8:30-9:30 AM

Holy Rosary

Mon-Sat after morning Mass

Divine Mercy Chaplet

10 minutes before all weekend
Masses

Visit to the Sick

Please call Parish Office or
Emergency number
778-834-1234

Baptisms

by appointment

Marriages

at least 6 months notice

FORMED Access code of
SJA.FORMED.ORG is:
TWNH4F

"The kingdom of heaven may be likened to a man who sowed good seed in his field...He who sows good seed is the Son of Man, the field is the world, the good seed the children of the kingdom."—Matthew 13:24, 37-38

As children of God, we are all "good seeds". We are blessed by God with the potential to accomplish much good in the world. We fulfill God's plan when we spend time in prayer every day, use our skills to help others and share our financial gifts to help build God's kingdom on earth. Through our example of gratitude and generosity we sow "good seeds" on earth and ultimately help each other get to Heaven!

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MASS INTENTIONS FOR THE WEEK

- 18 Saturday, Our Lady (W)... Andrew, Lucy & Mark Siy +
- 20 Monday, St. Apollinaris (R)...Rosario C. Africa +
- 21 Tuesday, St. Lawrence of Brindisi (W)...Sharon Hill +
- 22 Wednesday, St. Mary Magdalene (W)... All Souls in Purgatory +
- 23 Thursday, St. Bridget (W)...Gloria & Anthony Wong +
- 24 Friday, St. Sharbel Makhluf (W)...Agnes Chu +
- 25 Saturday, St. James, Apostle (R)...Ella Tze INT

WELCOME TO NEW PARISHIONERS AND VISITORS: If you would like to become a member of the St. John the Apostle Parish Community, please complete a Parish Registration Form (located by the bulletin board near the main door of the Church) and introduce yourself to the priests. Envelopes are assigned to those who request for them. Please pick them up at the church vestibule or at the Parish Office.

THE IMPORTANCE OF PARISH REGISTRATION AND USE OF PARISH SUNDAY ENVELOPES: Some Church goers are requesting from the parish Letters of Good Standing or Reference Letters as part of Baptism and/or Confirmation Sponsor documents or for other religious certifications or wanting their children enter a Catholic Elementary or Secondary School. The only official and ordinary way to obtain them is to register in the parish and the regular use of envelopes so that when the time comes, it will be based on official records. This is to avoid unnecessary frustrations and misunderstandings when one claims that he/she attends Mass but does not use envelopes. Thank you for your cooperation and understanding.

Please Pray for the Sick

Joan Archer, Maria Amelia Dias, George Murray, May Wong, Claire Harrison, Margaret Wong, Ruby Ko, Ann Monahan, Peggy Gunn, Margaret Redmond, Megan Maddock, Sheila Murray, Maravilla Melchor, Katherine Griffin, Valentia Abbott, Nelia Cuevas, Bishop David Monroe, Fr. Terry Bileski, Susan Hughes, Paul C. Torres, George Spurr, Christopher Hughes, Msgr. Greg Smith, Maria Korczynski, Magdalene Tan, Joseph Ng, Lynda Griffin, Shirley Sullivan

OUR COMMUNITY CALENDAR

COLLECT PRAYER: Show favor, O Lord, to your servants and mercifully increase the gifts of your grace, that, made fervent in hope, faith and charity, they may be ever watchful in keeping your commands. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.





This Sunday, July 19	New: Starting 2026.4.19
普通话·国語 Putonghua	
天主教 弥撒 Mandarin	
每月第三主日 三时正 Catholic Mass	Every 3rd Sunday at 3 pm.
告解 二时半开始	Confession from 2:30 pm
圣若望宗徒堂 St. John the Apostle Church	



Rite of Christian Initiation for Adults

Getting to know JESUS will change your life!
Join our Catechism 2026-2027

Do you feel empty in your life?
Jesus said, “I come so you’ll have the fullness of life.”

Are you tired with all the darkness in the world?
Jesus said, “I’m the light of the world.”

Our Catechism is here to help.

Please fill out the RCIA form

Mandarin: Saturday 1:30pm-3pm Start: Sept.

Cantonese: TBD

English: Thursday 7pm-9pm Start: Sept.

Baptized Catholics seeking Confirmation are welcome!

ALL FORMS can be found at the Church vestibule.

Often remind yourself that you are in the presence of God.
~~ St. John Baptist de la Salle

PREP-Parish Religious Education Program 2026-2027
CGS-Catechesis of the Good Shepherd

Registrations are ongoing for the 2026–2027 PREP/CGS programs. Please submit a **completed registration form** along with the **registration fee**. **New registrants must also include a copy of the child’s baptismal certificate.**

Registration forms are available for pickup in the church vestibule.

VOLUNTEER NEEDED!

Share Your Faith — Become a Catechist!

Do you have a love for the Catholic faith and a desire to help children grow in their relationship with Christ?
We invite you to become a catechist and make a lasting difference in the lives of our young parishioners through our Parish Faith Formation Program for the 2026–2027 school year.

As a Catechist, You Will:

- Accompany children on their faith journey using a well-structured, easy-to-follow curriculum.
- Lead engaging weekly classroom sessions that encourage learning, discussion, and prayer.

Help children deepen their understanding of the Catholic faith and build a personal relationship with Jesus.

We Will Provide:

- Comprehensive training and all teaching materials.
- Ongoing support from our Faith Formation team and fellow catechists.

An opportunity to grow spiritually while serving your parish community.

Time Commitment:

- Approximately 1–2 hours per week, plus a small amount of preparation as needed.

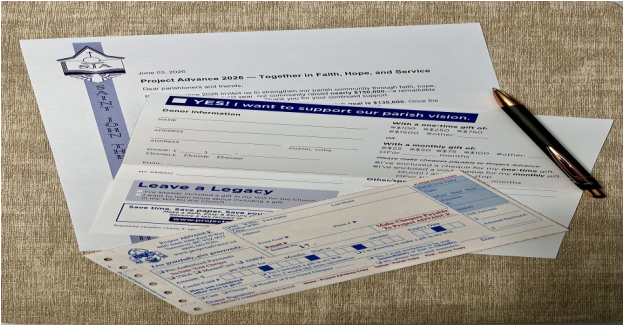
No teaching experience is necessary—only a willing heart, a commitment to the faith, and a desire to share God’s love with others.

Please note that all volunteers are expected to be compliant with the appropriate RCAV Safe Environment guidelines prior to beginning their role.

Answer God’s call to serve!

To volunteer contact Evelyn Siy at sjaprep@gmail.com or call 778 386 8690

“Go, therefore, and make disciples of all nations...”
— Matthew 28:19



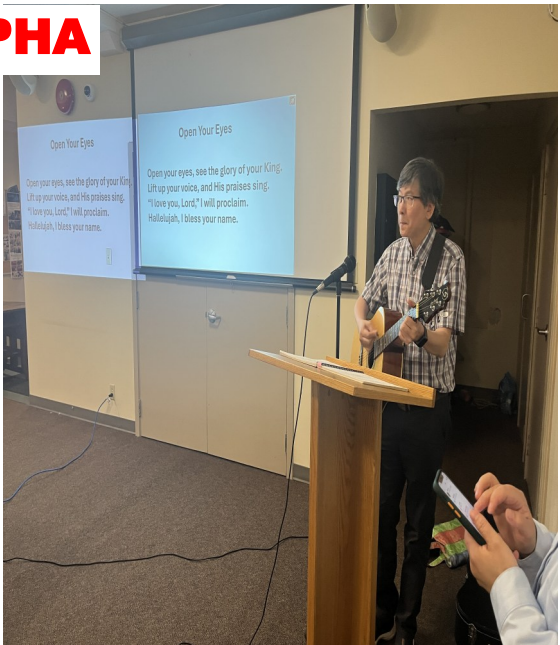
PROJECT ADVANCE

Our parish’s **Project Advance 2026** campaign is still underway, and your continued participation makes a real difference in the life of our parish community. Please remember to bring your **pledge envelopes** and drop them in the **Sunday collection basket** or deliver them directly to the **parish office** or donate On-Line.

As of today, we have received **\$69,099.90** from **67 pledgers**. Thank you for your generosity as we work together toward our parish goal of **\$135,000**. Your faith, kindness, and commitment strengthen our parish family.
Together, we are truly stronger.



ALPHA



REFLECTION

“I used to be uncomfortable when talking about my faith. The gift of faith is something so rich that I would struggle... I wouldn’t know how to begin sharing about it. Yet, when I read the gospel passage about Mary Magdalene having met the risen Lord, she reported to the apostles using these few words: ‘I have seen the Lord!’ This woman who had suffered so tremendously – she had a very difficult life - was the first person to announce to the disciples the amazing news of the resurrection! This story gave me confidence when sharing my faith. I do not need to use many words; I can simply tell people that I have encountered Jesus. In this community of alpha volunteers and participants *I have seen the Lord* over the past few months, and it has been very beautiful. I am grateful to each one of you for showing Christ’s face to me. *I have seen the Lord!*” - Christina Milan.

“It has been a wonderful 12 weeks. Wonderful Filipino food, Colombian food, and... fine to have all the discussion groups. We hope that we can have another alpha in the near future. Thank you.”- Alphonso Salas.

“It’s exciting to see where the Holy Spirit is working towards both the young professionals and parents like this. So, yeah, I guess, God bless everyone.”. - Michael Chua.