



HOLY SPIRIT PARISH

244 Lawrence Street, New Westminster, BC. V3M 5L1
<https://holyspiritnewwest.ca> email: parish.hs@rcav.org



Mission

Holy Spirit Parish is a community demonstrating that God is known and loved through living and proclaiming the Gospel of Jesus Christ taught by the Roman Catholic Church through Word, sacrament and service with certain hope that all who repent and believe will have eternal life.



Vision

1. We see a parish that is diverse, Spirit-filled and vibrant, joyously worshipping together.
2. We see a parish generously caring for each other with our time, treasure and talents.
3. We see a parish with relevant, active and well-led ministries that are mission-oriented.
4. We see a new parish hall built in the next 3-5 years that serves as a gathering space for parishioners to learn, connect, grow and celebrate our faith.

MASS TIMES

Sunday Mass Schedule

Saturday Mass Of
Anticipation 5pm.
Sunday 9 am & 11 am

Weekday Mass

Monday, Wednesday
& Thursday - 9 am
Tuesday & Friday - 7 pm
Saturday 9am

Novena to Our Lady of Perpetual Help

Every Wednesday morning
at 8.30 am

Sacrament Of Confession

Saturday 9.30 am - 10am
4 pm - 4.30 pm
or by appointment

First Friday Adoration

6.30pm Followed By Holy
Mass at 7pm

PARISH OFFICE HOURS

Tuesday To Friday

10:00am - 4.30pm -Lunch
Break 12pm - 1pm

Saturday

10.00am - 12:00 noon

Office is closed
on Monday

Sixteenth Sunday in Ordinary Time, Year A, 19th July 2026

The Lord is our Helper

Our readings this Sunday reveal a God who is merciful and compassionate; who is lenient in judgement. He cares for us with love and forgiveness.

In our **First Reading** the author of Wisdom reflects on how God's power is revealed in the mildness of his judgement. His compassion teaches us to be kind in our turn towards others.

The **Psalm** is a song of praise enumerating the qualities of God. The Lord is good and forgiving, compassionate and gracious. We can surely appeal to him in all our troubles.

In the **Second Reading**, St Paul teaches us to pray in the Spirit. The Spirit prays within us and expresses the mind of God.

The **Gospel** presents us with three parables, all concerned with growth. The main one, about the weeds growing amidst the wheat, can be applied to our own lives, to the world around us and to the Church. God is patient, slow to judge. We can count on his mercy.

This week, may we ask the Lord to help us to be less judgemental and to look on others with kindness, as we would wish them to treat us.

<https://stbeunosoutreach.wordpress.com/>

Pope's Intention July 2026

For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

Parish Ministries, Organization Services Knights Of Columbus

Mark Rizzo

Legion Of Mary

Fidel Carolino

Ministry Of Hospitality

Coordinator: Jose Cruz

Ministry Of Lectors

Coordinator: Armando Cordova

Flower Ministry

Coordinator: Erlinda Lintag

Altar Servers Ministry

Coordinator: Mark Villar

Catechetical Ministry

PREP: Winnie Bernardo

Catholic Women's League

President: Evangeline

Pagsanhan

Extraordinary Eucharistic Ministry

Coordinator: Ray Jalilali

Music Ministry

Ana Marie Avendano, Noreen Nicolas

Elvis Atienza, Alberto Taculod-Organist

Project Advance Team

Art & Violet Tonido

Jun & Liezel Javier

Building Committee

Theo Vanden Hoven

Be The Light Ministry

Coordinator Rose Arcilla

SACRAMENTAL LIFE OF THE PARISH

BAPTISM: Call the parish office to register for the Baptism Preparation Course. This is for parents and godparents. It is held every 1st Saturday of the month from 1pm to 3pm. Baptism is every 3rd Sunday of the month at 1pm

MARRIAGE: Arrangements are to be made through the pastor at least six months prior to your wedding date. A marriage preparation course is a requirement of the Archdiocese. Secure a spot at all Marriage Prep courses. Go to registration webpage: <http://rcav.org/m-prep/>

CONVALIDATION: If your marriage was not celebrated as a Sacrament and you wish your marriage to be recognized by the Church, then call the parish office to make an appointment to see **Fr. Jack**

ANointing OF THE SICK : Call the parish office to request a hospital visit or for communion to the sick at home.

FUNERALS: Please contact the office before making any arrangements with the Funeral Home.

MASS INTENTIONS: Did you know, Catholics can "offer" Mass?

We do so for multiple reasons such as thanksgiving, for another person/s such as a birthday, graduation or wedding anniversary or as is most common, for the repose(peace) of the soul of someone who has died. Mass Offering envelopes are available at the back of the Church

Parish Events

1. The CWL thank everyone for your wonderful support of our bake sale last week. It was a great success and that encourages us to keep working harder to support our Church. Again, a heartfelt thank you to all of you.

2. A parish picnic will be held next Sunday, July 26, from 12:30pm to 5:00pm, in the park in front of the Community Centre. There will be games for the kids and adults. The CWL are accepting any items you can donate to the bazaar that they will be running and the Knights of Columbus will be operating a concession stand with all profits to go to the Building Fund. Get ready for a fun afternoon in the park.

3. Doesn't the flower garden in front of the Church look great?

Thanks go to **Oscar and his team.**

4. There will be a potluck Happy Birthday celebration on Saturday 18, after the 5pm Mass
All are welcome , please bring your favorite dish and lets be merry!

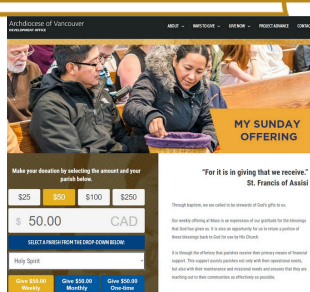


July 12th, 2026

Thank you for your generosity

No. of envelopes - 112

Regular collections	\$ 2,897.25
Catholic Mission	10.00
Insurance	120.00
Work of Vocations	10.00
St. Joseph	60.00
Project Advance	445.25
Total	\$ 3,542.50



You can make an online offering using your credit card or set up automatic weekly or monthly donations

Please visit our website:

holyspiritnewwest.ca



On Behalf of the entire Holy Spirit Family, we want to wish Fr. Jack a very Happy & Blessed Birthday. As he celebrates, let us keep him close to our hearts. We ask that you continue to offer prayers & blessings for his recovery and healing. Thank you for your ongoing love & support for him!

Talk Less, Listen More...



Reflect

My grandmother had a wisdom nugget she would share from time to time: “There is a reason God gave us one mouth and two ears: We need to listen more!” St. Benedict was known to share with those who sought a different way of life through monasticism, “Listen with the ear of your heart.” I think both my grandma and Benedict’s wisdom are needed more than ever in today’s world.

Pray

God of Peace,

Sometimes I do all the talking in my relationship with you, and you never get a word in!

Show me how to listen to you and others with the ear of my heart.

Teach me how to listen well so that I may be a calming presence to those in my life.

Amen.

Act

Spend some time reflecting upon the relationships and people in your daily life. Do you do most (or a majority) of the talking? Why or why not? What about listening with the ear of your heart is a challenge sometimes? Consider where God may be inviting you to learn and grow.

<https://www.franciscanmedia.org/pausepray/PatriciaBreenMcNeil>



Saint Kateri Tekakwitha



Saint Kateri Tekakwitha's Story

The blood of martyrs is the seed of saints. Nine years after the Jesuits Isaac Jogues and Jean de Lelande were tomahawked by Iroquois warriors, a baby girl was born near the place of their martyrdom, Auriesville, New York.

Kateri Tekakwitha's mother was a Christian Algonquin, taken captive by the Iroquois and given as wife to the chief of the Mohawk clan, the boldest and fiercest of the Five Nations. When she was four, Tekakwitha lost her parents and little brother in a smallpox epidemic that left her disfigured and half blind. She was adopted by an uncle, who succeeded her father as chief. He hated the coming of the Blackrobes—Jesuit missionaries—but could do nothing to them because a peace treaty with the French required their presence in villages with Christian captives. She was moved by the words of three Blackrobes who lodged with her uncle, but fear of him kept her from seeking instruction.

Tekakwitha refused to marry a Mohawk brave, and at 19 finally got the courage to take the step of converting. She was baptized with the name Kateri-Catherine—on Easter Sunday.

Now she would be treated as a slave. Because she would not work on Sunday, Kateri received no food that day. Her life in grace grew rapidly. She told a missionary that she often meditated on the great dignity of being baptized. She was powerfully moved by God's love for human beings and saw the dignity of each of her people. She was always in danger, for her conversion and holy life created great opposition. On the advice of a priest, Kateri Tekakwitha stole away one night and began a 200-mile walking journey to a Christian Indian village at Sault St. Louis, near Montreal.

For three years she grew in holiness under the direction of a priest and an older Iroquois woman, giving herself totally to God in long hours of prayer, in charity, and in strenuous penance. At 23, Kateri took a vow of virginity, an unprecedented act for an Indian woman whose future depended on being married. She found a place in the woods where she could pray an hour a day—and was accused of meeting a man there!

Her dedication to virginity was instinctive: Kateri Tekakwitha did not know about religious life for women until she visited Montreal. Inspired by this, she and two friends wanted to start a community, but the local priest dissuaded her. She humbly accepted an “ordinary” life. She practiced extremely severe fasting as penance for the conversion of her nation. Kateri Tekakwitha died the afternoon before Holy Thursday.

Witnesses said that her emaciated face changed color and became like that of a healthy child. The lines of suffering, even the pockmarks, disappeared and the touch of a smile came upon her lips. She was beatified in 1980 and canonized in 2012.

Reflection

We like to think that our proposed holiness is thwarted by our situation. If only we could have more solitude, less opposition, better health. Kateri Tekakwitha repeats the example of the saints: Holiness thrives on the cross, anywhere. Yet she did have what Christians—all people—need: the support of a community. She had a good mother, helpful priests, Christian friends.

These were present in what we call primitive conditions, and blossomed in the age-old Christian triad of prayer, fasting and almsgiving: union with God in Jesus and the Spirit, self-discipline and often suffering, and charity for her brothers and sisters.

Saint Kateri Tekakwitha is the Patron Saint of:
Indigenous Americans



Place your AD's here for only \$150 for minimum 6 months or \$275 for 12 months
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<https://holyspiritnewwest.ca> email: parish.hs@rcav.org

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Delta, BC, V3M 6G6
Party Hall Rental Available
Contact:
Food Truck Catering
Dine In / Take out / Online
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778-697-8051

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