



The Parish Bulletin

FOR ALL NEWS AT ST.MARY'S PARISH VANCOUVER

5251 JOYCE ST VANCOUVER, BC V5R 4G8 | 604-435-9611 | PARISH.SMARV@RCAV.ORG | STMARYSVANCOUVER.CA

PASTOR'S CORNER

LIVING IN THE SPIRIT



ST.MARY'S PARISH VANCOUVER
IN CHRIST WITH MARY TOGETHER IN HOPE

14TH SUNDAY IN ORDINARY TIME

JULY 5, 2026

SUNDAY MASS READINGS YEAR A

1st READING
ZECHARIAH 9: 9-10

R - RESPONSORIAL PSALM
145: 1-2, 8-9, 10-11, 13-14

2nd READING
ROMANS 8: 9, 11-13

✠ GOSPEL
MATTHEW 11: 25-30

SUNDAY MASSES (AND SATURDAY)

SAT 5:00 pm (*anticipated mass*)
SUN 8:00 am, 9:30 am, 11:15 am
1:00 pm | 3:00 pm (*Tagalog*)
5:00 pm | 7:00 pm

DAILY MASSES

MON - FRI 8:00 am | SAT 8:30 am | WED - FRI 7:00 pm

CONFESSION

SUNDAY before/after mass
WEEKDAY after mass

DEVOTIONS

MON - FRI | 7:00 am
Rosary & Lauds
WED | 6:00 pm
Novena: Our Lady of Perpetual Help
THU | 6:00 pm
Rosary & Prayer for Vocations
FRIDAYS
03:00 pm Divine Mercy
06:00 pm Novena: Two Hearts of Jesus & Mary
07:00 pm Mass followed by Adoration of the Blessed Sacrament
09:00 pm Benediction
SAT | 07:45 am
Rosary & Lauds

Follow us!

@stmarysvancouver



In the second reading for this Sunday (Rom 8:9, 11-13) St. Paul reminds the Romans that they are "not in the flesh; but in the Spirit". Therefore, I thought of focusing this weeks Pastor's Corner on the signs of being the persons in the Spirit and the signs that confirm our life in the Spirit.

The signs of life in the Spirit are not primarily extraordinary gifts or emotional experiences. They are the visible transformation of a person's life through the presence of the Holy Spirit. Here are some of the clearest signs according to Scripture and the teaching of the Church.

- 1. A deep love for God.** The first sign is a growing desire to know, love, and obey God. Prayer is no longer just a duty but a relationship. Jesus said, "If you love me, you will keep my commandments" (John 14:15).
- 2. Love for others.** A Spirit-filled person becomes more forgiving, compassionate, and willing to serve. As St. John writes, "Those who do not love do not know God, for God is love" (1 John 4:8).
- 3. The fruit of the Holy Spirit.** St. Paul gives the clearest description: "The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control" (Galatians 5:22-23). These are the true marks of spiritual maturity.
- 4. Victory over sin.** While no one becomes perfect overnight, there is a sincere struggle against sin and a desire for holiness. The Spirit gives strength to say no to temptation and yes to God's will (Romans 8:13-14).
- 5. Hunger for God's Word and the Sacraments.** The Spirit leads us to Scripture, especially the Eucharist and Reconciliation. We begin to find nourishment in God's Word and grace in the sacraments.
- 6. A heart of praise and gratitude.** Even in trials, a person living in the Spirit learns to trust God and thank Him. St. Paul says, "Give thanks in all circumstances" (1 Thessalonians 5:18).

- 7. A desire to witness to Christ.** The Holy Spirit gives courage to speak about Jesus by word and example. Jesus promised, "You will receive power when the Holy Spirit has come upon you; and you will be my witnesses" (Acts 1:8).
- 8. Inner peace amid difficulties.** This is not the absence of suffering but confidence in God's presence. Jesus said, "My peace I give to you... Do not let your hearts be troubled" (John 14:27).
- 9. Discernment and openness to God's will.** A Spirit-led person seeks God's guidance before making decisions and is willing to follow His plan, even when it is difficult.
- 10. Growth in humility.** The closer we come to God, the more we recognize our dependence on Him. As St. John the Baptist said, "He must increase, but I must decrease" (John 3:30).

The Catholic Church reminds us that the Holy Spirit sanctifies believers through His gifts and bears fruit in their lives. The greatest evidence of the Spirit's presence is not spectacular experiences but a life that becomes more like Christ.

A good question to ask ourselves each day is not, "Have I had extraordinary spiritual experiences?" but rather, "Am I becoming more loving, more joyful, more patient, more forgiving, and more like Jesus?" If the answer is increasingly "yes," then the Holy Spirit is truly at work within us.

I wish you all a Spirit-filled week. God bless you all!

Fr. Joseph

Pope's Prayer Intention for July

For respect for human life

Let us pray for the respect and protection of human life in all its stages, recognizing it as a gift from God.

✠ JUAN JIMENEZ ✠ BEATRICE VILLA ✠

Eternal rest grant unto them O Lord, may perpetual light shine upon them, may they rest in peace, Amen

Office hours

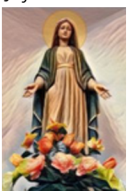
Mon, Wed - Fri
9am - 5pm

Tues
9am - 1pm

Closed
Weekends

Parish Office

Located in the "Rectory" which is the red brick house next to the church on Joyce Street.



Parish office phone 604-435-9611 + EXT

⚠ DO NOT ENGAGE with unverified e-mails impersonating our priests & staff. Contact the parish office if unsure/report. Refer to the directory below.

Pastor	201	Fr. Joseph D'Souza, OP	jdsouza@rcav.org
Assistant Pastor	202	Fr. Gabriel de Chadarevian, OP	gabrielmariedominique@gmail.com
Assistant Pastor	203	Fr. Dieudonné Bigirimana, OP	dbigirimana@rcav.org
Assistant Pastor	212	Fr. Mark Hoo, OP	Mhoo@rcav.org
Pastoral Assistant	204	Lorna Acosta	parish.smarv@rcav.org
		Marriage, Funeral, and Pastoral inquiries	
Reception	0	Priya Menezes	reception.smarv@rcav.org
		Baptism, Mass intentions, Anointing of the sick	
Director: Faith Formation and Mission	205	Edwin Cruz	prep.smarv@rcav.org
		PREP (<i>Parish Religious Education Program</i>). Catechism for children attending public school.	
		RCIA (<i>Rite of Christian Initiation for Adults</i>) for adults in need of Baptism, First Communion, Confirmation, and Catholic Faith.	rcia.smarv@rcav.org
Finance and Property	207	Michael Gabas	smpacc@telus.net
Youth & Young Adult Ministry Coord	209	Joyce Villaverde	youth.smarv@rcav.org
Digital Ministry	-	David C.	dcapidesign@gmail.com
Vanspec	-	Christina Reyes Ocampo	vanspec.smarv@rcav.org
		1-on-1 special needs catechism	
St. Mary's Elementary	-	Principal - Ms. Brenda Krivuzoff	office.smarv@cisva.bc.ca
		stmmary.bc.ca	604-437-1312 Fax: 604-437-1193

PARISH EVENTS & ANNOUNCEMENTS

To see all events visit:
stmarysvancouver.ca/events

For general updates, news, and programs visit:
stmarysvancouver.ca/announcements

 **Pilgrimage to the Grotto of Our Lady of Lourdes**
Sat, Aug 15, 2026 | *Fraser River Heritage Park*
7494 Mary Street, Mission, BC

Join us for a day of prayer and fellowship at the Grotto of Our Lady of Lourdes. The schedule includes Confessions, Celebration of the Eucharist with Archbishop Richard W. Smith, Procession, Rosary & Benediction, and a Picnic & Fellowship. Make sure to bring your chairs and picnic baskets

Bus Reservations: \$50 cash

please visit the parish office to reserve your spot.

604-435-9611 | reception.smarv@rcav.org

MissionGrotto.com | info@aquinasinstitute.ca | 604-425-0392

 **Mass Wedding | Saturday - Nov. 14, 2026**
Receive the Sacrament of Marriage!
St. Mary's Project Cana



Couples yet to receive the Sacrament of Marriage are invited to deepen their journey in Christ by celebrating in the Mass Wedding; a wonderful opportunity to open your heart to God's grace and receive the full blessing of the Church.

To register contact Edwin: rcia.smarv@rcav.org

 **Hope on the Horizon | Aug 2026**
Summer Outreach Missionary Program
Catholic Street Missionaries & Archdiocese of Vancouver



Are you looking for a way to grow in faith and serve the marginalized on the streets? Join Hope on the Horizon live-in summer program for young adults (19-35). It's a powerful experience of prayer, learning, community life, and outreach to the homeless.

1-WEEK | AUG 8-15, 2026 OR 2.5-WEEK | AUG 8-23, 2026

 **Apply today! Learn more at:**
catholicstreetmissionaries.org/horizon


 **From My Heart to Yours - Craft Card Making Night**
Friday, July 17 @ 6:30pm
@Church Basement | Hosted by: SM Youth Ministry


Calling all youth! We are gearing up for another joyful but heartfelt night on July 17 at 6:30 PM, down at St. Mary's Church basement, we'll come together to create bright, uplifting cards with Bible verses for our homeless community. The cards will be given to Catholic Street Missionaries, an organization that does street outreach in Vancouver's Downtown Eastside. All youth in Grades 7-12 are welcome! Supplies will be provided.
youth.smarv@rcav.org | IG: @stmarysyouthvan

 **Faith on Wheels Bike Ride - Young Adults Min**
June 26 @ 6:30pm | **July 25 time TBA**
Postponed till July, more details coming soon...



Our biking event has been postponed to July 25. For more info contact Joyce: youth.smarv@rcav.org

 **Seniors Socials will be resuming in the Fall**
Have a great Summer!!

 **Venezuela Earthquakes - Donations for relief**
Donations matched until July 14
Development and Peace — Caritas Canada

Please consider donating to Development and Peace — Caritas Canada (*the official international solidarity organization of the Catholic Church in Canada*). Donations will support its local partner, Caritas Venezuela, in providing urgent help to affected communities, including food, water, shelter, clothing, hygiene supplies, medication, and other emergency assistance. Every dollar donated until July 14 will be matched by the Government of Canada, doubling the impact of your gift.

Give online at devp.org/en/make-a-don

 **PREP 2026 - Catholic After-school Education**
Parish Religious Education Program

The Parish Religious Education Program (also known as P.R.E.P) offers religious instruction for children who attend grades 1-7 in public schools. **Registrations for the next ministry year are now open.** *There will be no online registration at this time.* Please register directly with the PREP Coordinator at the Parish Office. **Book an appointment, please call:**
604 435 9611 ext. 205 or email prep.smarv@rcav.org

 **Non-perishable Food Drive | Jul 1 - Aug 31**
Knights of Columbus | St Mary's Council #13072

Collecting non-perishable packed food items in marked boxes located in the Church foyer.
Your contributions will be donated to the Door is Open

 **Marian Pilgrimage 2026: A 15-Day Journey to the Sacred Heart of Europe | Oct 5 - 19, 2026**
Hosted by St. Mary's Parish - Vancouver

Journey with Fr. Joseph D'Souza and our parish on an unforgettable pilgrimage to major Marian shrines, like Medjugorje, Lourdes, Barcelona, Zaragoza, and Fatima. For any inquiries, contact Royal Orchid Tours:

Brian Andrade: 778-999-4599 **Deon Almeida: 778-866-8118**
info@royaleorchidtours.com | royaleorchidtours.com

The tour price of CAD \$6900 includes all flights, transportation, taxes, all meals, and itinerary sightseeing.

 **World Youth Day 2027**
Join us on pilgrimage to Korea next year!
Young Adult Ministry & Royal Orchid Tours and Holidays



Are you interested in going to World Youth Day 2027 in Korea? The Young Adult Ministry invites you to participate in WYD2027 with us in Seoul Open to adults 18+. For more info, contact Joyce: youth.smarv@rcav.org

 **Parish Play Casting Call - Looking for Dancers**
LET IT BE DONE: The Fiat Echoes Still - Dec. 5, 2026
A St. Mary's Parish Produced Musical Play

St. Mary's Parish is in production for a special play this winter. We are currently looking for dancers. Please contact **Rafael** at:
joeraf08@yahoo.com or text **604-440-9899**.



MINISTRY DIRECTORY

Find your way to serve. St. Mary's is home to many groups and ministries. Get started at: stmarysvancouver.ca/ministries

- Mission Ablaze** - missionablazesmv@gmail.com
- PPPG (Padre Pio Prayer Group)** pppgvancouver@gmail.com
- Youth Ministry & Young Adult Ministry** | Joyce
(604) 435-9611 ext. 209 | youth.smarv@rcav.org
- DNA (Discipleship aNd Accountability Men's Prayer Group)**
fathergabriel1@outlook.com | (604)-435-9611, ext. 202
- Pier Giorgio Frasatti Bible Study** | Fr. David | 778-928-5675
- Migrant Ministry** | Resochita Arma | resochita.arma@issbc.org
- Christian Meditation** | Cora | calcuitas@gmail.com
Maeve | mms3018@gmail.com
- St. Mary's Mass Choir Ministries** | stmarysvancouver.ca/choir
- Children's Liturgy** | saintmarylwc@gmail.com
- St. Mary's Street Ministry** | Mildred Moy
mmoy_ca@yahoo.com | (778) 885-9611
- Project Cana (Mass Wedding)** | Edwin Cruz | rcia.smarv@rcav.org
- Digital Ministry** | David.C | stmarysvancouver.ca/digimin
- Hands of Veronica** | Nayda | naydaleonardo@yahoo.ca

Contact the Parish Office at 604-435-9611 for the following:

- Knights of Columbus
- Catholic Women's League
- St. Mary's Pro Life Ministry
- Seniors Gatherings
- St. Mary's Flower Ministry
- Seasons of Hope Bereavement Ministry
- St. Mary's Praesidium (A Legion of Mary Youth Program)

PARISH RESOURCES



PARISH LIBRARY

Looking for books, CDs, and DVDs? View online catalogue at stmarysvancouver.ca/ministries/library
To borrow, email our librarian **Bill Murphy** at:

wmmurphy@hotmail.com

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1. [Formed.org/signup](https://formed.org/signup) and Search by postal code: **V5R 4G8**
2. Select **"St. Marys Vancouver 5251 Joyce Street"**
3. Register with your name and email address
4. Check your emails for a link to begin using FORMED!

PARISH CALENDAR

VISIT: stmarysvancouver.ca/all-events



Jul 7 - Tue 7:00pm | Prayer Group Meetings

Mission Ablaze

Every Tues @Church Basement | To join online contact: missionablazesmv@gmail.com



Jul 4 - Tue @7pm | Online Christian Meditation

To join meditations email: calcuitas@gmail.com

ON BREAK | In-person Christian Meditation

In-person meditation resuming in August!



Jul 9 - Thu 2:00pm | CWL Line Dancing

Catholic Women's League

Every Thur | Suggested donation - \$2 | @Church basement



Jul 11 - Sat 9:30am | DNA Men's Group

Discipleship aNd Accountability Men's Prayer Group

2nd & 4th Sat/each month @Rectorly Basement



Jul 20 - Mon 6:00pm | St. Mary's Pro-Life Ministry

Every 3rd Mon/each month @ St. Mary's Church



Jul 17 - Fri @6:30pm | Craft Card Making Night

Youth Ministry

@Church Basement



Jul 25 - Sat Time TBA | Wheels of Faith Seawall Bike Ride

Young Adult Ministry

More info to come...



Aug 15 - Sat @10:00am | Pilgrimage to Lourdes Grotto:

@Fraser River Heritage Park, Mission



Padre Pio Prayer Group ON SUMMER BREAK till OCTOBER

Resuming later this year in October



Nov 14 - Sat | Mass Wedding (Project Cana)

@St. Mary's Church | More info on pg.2 and website

Stewardship Reflection

July 5, 2026 - 14th Sunday in Ordinary Time

"Come to me, all you who labor and are burdened, and I will give you rest." Matthew 11:28

In the Gospel, Christ gives thanks to the Father for those who are humble for it was to them that the Father was revealing the Kingdom of God to. Humility is an important virtue to foster especially in the work of stewardship, for with humility we can see how much God is generous to us and how much we need Him. With humility, we can ask the Lord to help us carry our burdens, and He will make them light.

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JOYCE STATION DENTAL

Welcome to Joyce Station Dental

We are happy to announce that Joyce Station Dental located at 5258 Joyce Street is undergoing a renovation to enlarge our location to help with the community dental needs.

We are presently enjoying helping our community now with your dental needs and look forward to providing more available times in the near future.
Stop by and say "Hi".

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P (604) 719-4765
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