



# Saint Mary's Cathedral Basilica

June 28, 2026: Thirteenth Sunday in Ordinary Time

Parish Office: 1559 Brunswick St., Suite 101 | Halifax, Nova Scotia | B3J 2G1

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Email: [saintmary@halifaxyarmouth.org](mailto:saintmary@halifaxyarmouth.org) Website: [www.stmcathedral.com](http://www.stmcathedral.com)

### Office Hours

Monday-Friday, 10:00 am - 2:00 pm (closed 12-1 pm)

### Cathedral Hours

Monday - Friday 8:30 am - 4:00 pm

Saturday 8:30 am - 4:30 pm

Sunday 8:00 am - 7:00 pm

### Scan to Donate



**Archbishop:**  
Most Rev. Brian Dunn

**Deacon:**  
Rev. Mr. Bernie Young

**Pastoral Assistant:**  
Ms. Rebecca D'Mello

**Administrator:**  
Rev. Anthony Aguca

**Daily Bread:**  
Rev. Br. Grant McLean, FoH

**Director of Music:**  
Mr. Peter-Anthony Togni

**Assistant Pastor:**  
Rev. Adolphus Amaechi

**Secretary:**  
Mrs. Maria Azhagiri

St. Mary's Cathedral Basilica  
 @stmaryscathedralbasilica

Livestream the 10:30 am Mass at  
<https://vimeo.com/halifaxyarmouth>

### Liturgy and Sacraments

#### Mass Times

Sunday 8:00 am 10:30 am (with incense) & 5:00 pm  
Monday 7:30 am & 12:15 pm  
Tuesday 12:15 pm & 6:30 pm  
Wednesday 7:30 am & 12:15 pm  
Thursday 12:15 pm  
Friday 12:15 pm  
Saturday 12:15 pm

#### Confession

Saturday 10:00 am - 11:00 am

#### Adoration & Confession

Tuesday 7:00 pm - 8:00 pm

### Weekly Events

**Rosary** for Vocations will be prayed every Saturday at 11:30 am.  
All are welcome!

**The Holy Heart Schola Cantorum** sings Vespers (Evening Prayer) in Gregorian Chant every Sunday at 6:30 pm. All are invited to join in or listen to this beautiful sung prayer to mark the end of the Lord's Day.

**The Gathering** Join Catholic young adults for fellowship after the 5 pm Mass in the Currie Room every Sunday. IG: @cyag\_thegathering  
FB: St. Mary's Basilica Young Adults

**Adoration** Join us weekly on Tuesdays from 7:00 pm to 8:00 pm.

**Daily Bread Outreach** runs Monday to Friday from 1:00 pm to 2:30 pm from the basement hall.

**E-bulletin** Contact [reception@halifaxyarmouth.org](mailto:reception@halifaxyarmouth.org) to sign up for your E-bulletin.

## Announced Mass Intentions

Mon. June 29	07:30 am	Holy Souls in Purgatory	Thurs. July 02	12:15 pm	Fr. John Williams +
Mon. June 29	12:15 pm	Holy Souls in Purgatory	Fri. July 03	12:15 pm	Jose Todas
Tues. June 30	12:15 pm	Victor Arthur Mahar +	Sat. July 04	12:15 pm	Victor Arthur Mahar +
Tues. June 30	06:30 pm	Holy Souls in Purgatory	Sun. July 05	08:00 am	Missa Pro Populo
Wed. July 01	07:30 am	No Intention	Sun. July 05	10:30 am	Adrian Brennan +
Wed. July 01	12:15 pm	No Intention	Sun. July 05	05:00 pm	Janice Werner

### From the Desk of Fr. Adolphus Amaechi

This Sunday's readings remind us that God often hides great blessings within small acts of kindness and generosity. In the Gospel, Jesus teaches that even giving a cup of cold water to one of His disciples will not go unrewarded. What may seem insignificant in human eyes has great value in the eyes of God when it is done with love.

The first reading beautifully illustrates this truth through the story of the woman of Shunem and her husband. Recognizing Elisha as a man of God, they welcomed him into their home and provided a room for him whenever he traveled through their town. They did not act in order to receive a reward; they simply showed hospitality and generosity. Yet God blessed them with the gift they had long desired: a son.

The readings invite us to see Christ in others and to practice kindness, hospitality, and generosity in our daily lives. Through Baptism, every Christian belongs to Christ. Therefore, when we welcome, support, encourage, or care for others, we are serving Christ Himself.

The Gospel also challenges us to support the mission of the Church. The Church continues Christ's work through the generosity of God's people. Every gift of time, talent, and treasure helps sustain worship, ministry, evangelization, and outreach to those in need. Like the Shunammite woman, we may never fully see the blessings that flow from our generosity, but God does.

May we never underestimate the power of small acts of love. No kindness is too small, no sacrifice is wasted, and no gift offered for God's glory goes without reward.

## Psalm Refrain for June 28, 2026 - Thirteenth Sunday in Ordinary Time

**“Forever I will sing of your steadfast Love, O Lord.”**

**Parking Lot Reminder** Please note that parking lot hours are posted at the Cathedral entrance. For unlisted special events, the lot opens 30 minutes before and closes 30 minutes after the event. “Permit Parking Only” spaces are available for parishioners. Kindly note, the Cathedral is not responsible for vehicles left outside these times and for those vehicles parked behind the Cathedral. Thank you for your understanding.

### **You're Invited – Annual General Meeting**

Join us on this **Sunday, June 28**, immediately **after the 10:30 am Mass** for our Parish Annual General Meeting. Light refreshments will be provided. Let's come together in gratitude, celebration, and hope for the future of our parish community. Everyone is welcome!

### **Young Adults Summer Bible Study – Book of Romans**

All young adults are invited to take part in an **8-week Bible study on the Book of Romans**, beginning Monday, June 1, and held weekly from **5:00–7:00 pm** in the Cathedral basement up **until July 20**. This engaging study, using a video series by Ascension Press, explores the theme of salvation and the richness of life in Christ. All are welcome! Come grow in faith and fellowship this summer.

### **Cathedral Tour Is Open**

Our Cathedral Tour is officially open for the summer season. We'd love to show you our beautiful Cathedral! Guided tours run from **Monday to Friday at 10:00 am, 1:00 pm, and 2:30 pm**. Tours begin in the church foyer. All are welcome.

### **Catholic Women's League: Hats for Those in Need**

CWL is encouraging everyone that is able to knit hats for those in need to continue the mission. We are, in faith, united in helping others in our community. We also request donations of yarn for those committed to our project. Please check for extra yarn you have and consider donating it for the knitting of the hats.

### **Last Bulletin for the Summer**

This will be our final bulletin for the summer months. Please refer to the bulletin boards and our website for updates on upcoming events and activities during this time. Our next bulletin will be published in the first week of September.

### **Soul Fire - Summer Edition**

Join us on **Saturdays (June 27, July 25, and August 29) from 6:00 to 7:00 PM** to unwind, reflect, and pray together. Our evening features uplifting praise and worship songs followed by a meaningful gospel reflection. We will conclude our time together by praying a decade of the Divine Mercy Chaplet. All are welcome, so please bring a friend!

### **Parish Pastoral Council Retreat**

Our Parish Pastoral Council (PPC) will be on retreat from **Friday, July 10 through Sunday, July 12**. During this time of prayer, reflection, and discernment, council members will seek the guidance of the Holy Spirit as they consider the mission, priorities, and future direction of our parish. We kindly ask all parishioners to keep the PPC members in their prayers, that they may be blessed with wisdom, unity, and openness to God's will as they serve our parish community.

### **New RCIA Session Begins - July 19**

The Rite of Christian Initiation of Adults (RCIA) is the way in which adults discern whether God is calling them to join the Catholic Church. Through RCIA, people learn about the Church and her teachings and how to integrate the Gospel into their daily lives. The next session of RCIA starts on July 19<sup>th</sup> following the 10:30 AM Mass. If you would like to join the sessions, please email Deacon Bernie at: [byoung@halifaxyarmouth.org](mailto:byoung@halifaxyarmouth.org). We look forward to seeing you.

### **We Have FORMED!!!**

There is something for everyone here: award-winning studies and parish programs, inspiring audio content, movies, e-books, and family-friendly kids' programming. Watch anytime, anywhere with new content daily. Signing up for FORMED is quick, easy and free.

Just follow the simple instructions below.

1. Go to [formed.org/signup](http://formed.org/signup).
2. Search for your parish by Postal Code. Click on your parish.
3. Register with your name and email address.
4. Check that email account for a link to begin using FORMED. Start watching.



**DAILY BREAD**  
OUTREACH MINISTRY OF  
ST. MARY'S CATHEDRAL BASILICA

### **Daily Bread Outreach**

Our Daily Bread Outreach is one of the largest ministries at St. Mary's, distributing free bag lunches to 100 drop-ins a day. Teams of volunteers prepare food and distribute it to all who need it from the Cathedral basement, Monday to Friday. It shows to guest and volunteer alike the message of Christ manifest in our everyday lives. Please contact the coordinator **Brother Grant McLean** to join our Parish Ministry of Hope by email: [dboutreach@halifaxyarmouth.org](mailto:dboutreach@halifaxyarmouth.org) or call **902-423-7574**.

## **Financial Corner**

### **Financial Report**

**January to March 2026**

#### **Revenue :**

Actual : \$143,619

Budget : \$170,982

#### **Expense:**

Actual : \$160,390

Budget : \$176,601

#### **Net:**

Actual : \$ 16,771 Deficit

Budget : \$ 5,619 Deficit