



HOLY SPIRIT PARISH

244 Lawrence Street, New Westminster, BC. V3M 5L1
<https://holyspiritnewwest.ca> email: parish.hs@rcav.org



Mission

Holy Spirit Parish is a community demonstrating that God is known and loved through living and proclaiming the Gospel of Jesus Christ taught by the Roman Catholic Church through Word, sacrament and service with certain hope that all who repent and believe will have eternal life.

PHONE: 604-521-0334
PASTOR - REV. JOAQUIM DIAS

Vision

1. We see a parish that is diverse, Spirit-filled and vibrant, joyously worshipping together.
2. We see a parish generously caring for each other with our time, treasure and talents.
3. We see a parish with relevant, active and well-led ministries that are mission-oriented.
4. We see a new parish hall built in the next 3-5 years that serves as a gathering space for parishioners to learn, connect, grow and celebrate our faith.



Twelfth Sunday in Ordinary Time, Year A, 21st June 2026

“Have no fear”

MASS TIMES

Sunday Mass Schedule
Saturday Mass Of
Anticipation 5pm.
Sunday 9 am & 11 am

Weekday Mass

Monday, Wednesday
& Thursday - 9am
Tuesday & Friday - 7 pm
Saturday 9am

Novena to Our Lady of Perpetual Help

Every Wednesday morning
at 8.30 am

Sacrament Of Confession

Saturday 9.30 am - 10am
4 pm - 4.30 pm
or by appointment

First Friday Adoration

6.30pm Followed By Holy
Mass at 7pm

PARISH OFFICE HOURS

Tuesday To Friday

10:00am - 4.30pm -Lunch
Break 12pm - 1pm

Saturday

10.00am - 12:00 noon

**Office is closed
on Monday**

The readings this week reflect a God who understands and always responds to our cries for help. We are not promised a life without suffering, but are invited to trust in his merciful and boundless love.

In the **First Reading**, the prophet Jeremiah is mocked and abandoned by his own people when he tries to speak out against wrongdoing. He turns to the Lord for strength and resilience, confident that he will deliver justice and new life.

The **Psalms** tells of someone in a state of complete desperation and isolation. The psalmist is feeling attacked from all sides, but the Lord hears their cry and shows them the path to renewed peace and joy.

Paul explains in no uncertain terms (**Second Reading**) that nothing but death – the death of loving relationships, of joy, and of peace – can come from sin. But he reminds us that the death and resurrection of Jesus offer abundant possibilities for mercy and renewal.

In the **Gospel**, Jesus instructs his disciples to ‘have no fear’. He boldly reassures them that nothing in this world can kill the love that comes from God. God has intimate knowledge of all our needs and will never abandon us.

In these times of painful and enduring global conflict, we take strength from God’s promise that he will deliver light and peace.

<https://stbeunosoutreach.wordpress.com/>

Pope’s Intention June 2026

For the values of sports

Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

Parish Ministries, Organization Services
Knights Of Columbus
 Mark Rizzo
Legion Of Mary
 Fidel Carolino
Ministry Of Hospitality
 Coordinator: Jose Cruz
Ministry Of Lectors
 Coordinator: Armando Cordova
Flower Ministry
 Coordinator: Erlinda Lintag
Altar Servers Ministry
 Coordinator: Mark Villar
Catechetical Ministry
 PREP: Winnie Bernardo
Catholic Women's League
 President: Evangeline Pagsanhan
Extraordinary Eucharistic Ministry
 Coordinator: Ray Jalijali
Music Ministry
 Ana Marie Avendano, Noreen Nicolas
 Elvis Atienza, Alberto Taculod-Organist
Project Advance Team
 Art & Violet Tonido
 Jun & Liezel Javier
Building Committee
 Theo Vanden Hoven
Be The Light Ministry
 Coordinator Rose Arcilla

SACRAMENTAL LIFE OF THE PARISH

BAPTISM: Call the parish office to register for the Baptism Preparation Course. This is for parents and godparents. It is held every 1st Saturday of the month from 1pm to 3pm. Baptism is every 3rd Sunday of the month at 1pm
MARRIAGE: Arrangements are to be made through the pastor at least six months prior to your wedding date. A marriage preparation course is a requirement of the Archdiocese. Secure a spot at all Marriage Prep courses. Go to registration webpage: <http://rcav.org/m-prep/>
CONVALIDATION: If your marriage was not celebrated as a Sacrament and you wish your marriage to be recognized by the Church, then call the parish office to make an appointment to see **Fr. Jack**
ANOIDING OF THE SICK : Call the parish office to request a hospital visit or for communion to the sick at home.
FUNERALS: Please contact the office before making any arrangements with the Funeral Home.
MASS INTENTIONS: Did you know, Catholics can "offer" Mass?
 We do so for multiple reasons such as thanksgiving, for another person/s such as a birthday, graduation or wedding anniversary or as is most common, for the repose(peace) of the soul of someone who has died. Mass Offering envelopes are available at the back of the Church

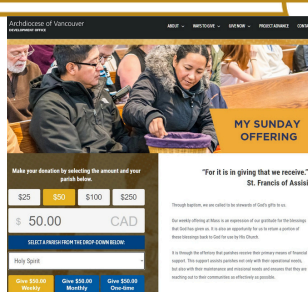
Parish Events

1. Please keep **Fr. Jack** in your prayers as he recovers from his surgery.
2. **The Knights of Columbus are holding their pancake/tapsilog breakfast** in the Parish Centre on **Sunday, June 21, 2026** after both Masses. This will be their last breakfast before the summer break. The breakfasts will resume in September.
3. **Sunday, June 28, Ewen Ave. will be closed for the annual Sikh Temple parade.** To avoid a problem with traffic, you would be well advised to attend the 5pm or 9am Masses, or walk to the 11am Mass.
4. **CWL Bake Sale Reminder :** Please support the Catholic Women's League **bake sale on July 11 & 12.** Bakers, please drop off sale-ready, portioned treats with an ingredient list at the **July 11 (5pm) or July 12 (9am/11am) Masses.** Buyers, stop by after Mass to **grab a treat using either cash or card.** See the foyer posters for full details.
5. **The knights of Columbus are continuing with the carport renovation.** When finished, it will greatly enhance the use of the Parish Centre.
6. **Fr. Jack is scheduled to leave Queens Park Care Centre on June 23.** If all goes well. We look forward to welcoming him back and pray that he is fully functional in a very short time.
7. **Congratulations to our First Communicants** Lance Dominick Cabiao, Nathan Paul Delis, Kaden Jace Laforteza, Kean James Laforteza, Iyana Laine Trujillo, Miel Mingote, Khloe Mayuga and Jaice Patrick Tizon



June 14th, 2026
Thank you for your generosity

Regular collections	\$ 3,346.
Building Fund	230.
Catholic Missions	40.
Easter	10.
Pro-Life	60.
Candles	447.
Total	\$ 4,133.



You can make an online offering using your credit card or set up automatic weekly or monthly donations
 Please visit our website:
holyspiritnewwest.ca



Reconnecting Our Hearts to God



Reflect

It is easy some days for our minds to race with thoughts, doubts, ideas, and anxieties and lose touch with our hearts in the process. The Franciscan way is one of embodiment and seeking to be in touch with our own hearts. We reconnect with our hearts when we reconnect with God.

Pray

Why all these thoughts? Why all these doubts?
You've always taken care of me. I know that to be true.
In my heart I know it to be true.

Yet some days, some nights, and, some seasons, most days, most nights, my mind stretches like a net collecting anything, everything in murky waters beneath.

I carry it through the day, almost sinking with the weight.

Lord, captain my heart toward still, clear waters;
unleash me on the glass.

Help me empty the net in the deep behind me.
My heart longs to be free.

Act

It is only human for the mind to gravitate toward negativity, unknowing, or anxiety. But if you at all find yourself mentally spiraling today, consider stopping what you're doing, quieting your surroundings, and placing your hand on your heart as you listen to the silence. In the stillness of this moment, be gentle with yourself, extend grace to yourself, and ask God to help you reconnect with your heart.

https://www.franciscanmedia.org/pauseprayStephen_Capeland



Saint Aloysius Gonzaga



Saint Aloysius Gonzaga's Story

The Lord can make saints anywhere, even amid the brutality and license of Renaissance life. Florence was the “mother of piety” for Aloysius Gonzaga despite his exposure to a “society of fraud, dagger, poison, and lust.” As a son of a princely family, he grew up in royal courts and army camps. His father wanted Aloysius to be a military hero.

At age 7 Aloysius experienced a profound spiritual quickening. His prayers included the Office of Mary, the psalms, and other devotions. At age 9 he came from his hometown of Castiglione to Florence to be educated; by age 11 he was teaching catechism to poor children, fasting three days a week, and practicing great austerities.

When Aloysius Gonzaga was 13 years old, he traveled with his parents and the Empress of Austria to Spain, and acted as a page in the court of Philip II. The more Aloysius saw of court life, the more disillusioned he became, seeking relief in learning about the lives of saints.

A book about the experience of Jesuit missionaries in India suggested to him the idea of entering the Society of Jesus, and in Spain his decision became final. Now began a four-year contest with his father. Eminent churchmen and laypeople were pressed into service to persuade Aloysius to remain in his “normal” vocation. Finally he prevailed, was allowed to renounce his right to succession, and was received into the Jesuit novitiate.

Like other seminarians, Aloysius was faced with a new kind of penance—that of accepting different ideas about the exact nature of penance. He was obliged to eat more, and to take recreation with the other students. He was forbidden to pray except at stated times. He spent four years in the study of philosophy and had Saint Robert Bellarmine as his spiritual adviser.

In 1591, a plague struck Rome. The Jesuits opened a hospital of their own. The superior general himself and many other Jesuits rendered personal service. Because he nursed patients, washing them and making their beds, Aloysius Gonzaga caught the disease. A fever persisted after his recovery and he was so weak he could scarcely rise from bed. Yet he maintained his great discipline of prayer, knowing that he would die three months later within the octave of Corpus Christi, at the age of 23.

Reflection

As a saint who fasted, scourged himself, sought solitude and prayer, and did not look on the faces of women, Aloysius seems an unlikely patron of youth in a society where asceticism is confined to training camps of football teams and boxers, and sexual permissiveness has little left to permit. Can an overweight and air-conditioned society deprive itself of anything? It will when it discovers a reason, as Aloysius did. The motivation for letting God purify us is the experience of God loving us in prayer.

Saint Aloysius Gonzaga is the Patron Saint of: Catholic Youth, Teenagers, Seminarians.

<https://www.franciscanmedia.org/>





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Knights of Columbus

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Kofc11359@gmail.com

Learn More & Join Online
<https://www.kofc.org/resources/your/join-the-knights.html>



Restaurant & Food Truck

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