



# Saint Mary's Cathedral Basilica

June 21, 2026: Twelfth Sunday in Ordinary Time

Parish Office: 1559 Brunswick St., Suite 101 | Halifax, Nova Scotia | B3J 2G1

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Email: [saintmary@halifaxyarmouth.org](mailto:saintmary@halifaxyarmouth.org) Website: [www.stmcathedral.com](http://www.stmcathedral.com)

### Office Hours

Monday-Friday, 10:00 am - 2:00 pm (closed 12-1 pm)

### Cathedral Hours

Monday - Friday 8:30 am - 4:00 pm

Saturday 8:30 am - 4:30 pm

Sunday 8:00 am - 7:00 pm

### Scan to Donate



**Archbishop:**  
Most Rev. Brian Dunn

**Deacon:**  
Rev. Mr. Bernie Young

**Pastoral Assistant:**  
Ms. Rebecca D'Mello

**Administrator:**  
Rev. Anthony Aguka

**Daily Bread:**  
Rev. Br. Grant McLean, FoH

**Director of Music:**  
Mr. Peter-Anthony Togni

**Assistant Pastor:**  
Rev. Adolphus Amaechi

**Secretary:**  
Mrs. Maria Azhagiri

St. Mary's Cathedral Basilica  
 @stmaryscathedralbasilica

Livestream the 10:30 am Mass at  
<https://vimeo.com/halifaxyarmouth>

### Liturgy and Sacraments

#### Mass Times

Sunday 8:00 am 10:30 am (with incense) & 5:00 pm  
Monday 7:30 am & 12:15 pm  
Tuesday 12:15 pm & 6:30 pm  
Wednesday 7:30 am & 12:15 pm  
Thursday 12:15 pm  
Friday 12:15 pm  
Saturday 12:15 pm

#### Confession

Saturday 10:00 am - 11:00 am

#### Adoration & Confession

Tuesday 7:00 pm - 8:00 pm

### Weekly Events

**Rosary** for Vocations will be prayed every Saturday at 11:30 am.  
All are welcome!

**The Holy Heart Schola Cantorum** sings Vespers (Evening Prayer) in Gregorian Chant every Sunday at 6:30 pm. All are invited to join in or listen to this beautiful sung prayer to mark the end of the Lord's Day.

**The Gathering** Join Catholic young adults for fellowship after the 5 pm Mass in the Currie Room every Sunday. IG: @cyag\_thegathering  
FB: St. Mary's Basilica Young Adults

**Adoration** Join us weekly on Tuesdays from 7:00 pm to 8:00 pm.

**Daily Bread Outreach** runs Monday to Friday from 1:00 pm to 2:30 pm from the basement hall.

**E-bulletin** Contact [reception@halifaxyarmouth.org](mailto:reception@halifaxyarmouth.org) to sign up for your E-bulletin.

## Announced Mass Intentions

|               |          |                         |                |          |                         |
|---------------|----------|-------------------------|----------------|----------|-------------------------|
| Mon. June 22  | 07:30 am | Holy Souls in Purgatory | Thurs. June 25 | 12:15 pm | Holy Souls in Purgatory |
| Mon. June 22  | 12:15 pm | Luis Chua +             | Fri. June 26   | 12:15 pm | Our Lady of Sorrows     |
| Tues. June 23 | 12:15 pm | Holy Souls in Purgatory | Sat. June 27   | 12:15 pm | Fr. Raymond MacDonald + |
| Tues. June 23 | 06:30 pm | Holy Souls in Purgatory | Sun. June 28   | 08:00 am | Missa Pro Populo        |
| Wed. June 24  | 07:30 am | Holy Souls in Purgatory | Sun. June 28   | 10:30 am | Victor Arthur Mahar +   |
| Wed. June 24  | 12:15 pm | Holy Souls in Purgatory | Sun. June 28   | 05:00 pm | Holy Souls in Purgatory |

### From the Desk of Fr. Anthony Aguka

Today's readings invite us to place our trust in God and not be ruled by fear.

In the Gospel, Jesus tells His disciples, "Do not be afraid." He knows that following Him will bring challenges, misunderstandings, and even rejection. Yet He reassures his disciples that God's loving care is always with them. Jesus reminds us that not even a sparrow falls to the ground without the Father knowing it. If God cares so much for the sparrows, how much more does He care for each one of us?

The prophet Jeremiah experienced fear and opposition. People mocked him and plotted against him because he spoke God's truth. Yet he remained faithful because he trusted that "The Lord is with me like a mighty champion." His courage came from knowing that God would never abandon him.

St. Paul reminds us that while sin entered the world through Adam, God's grace comes to us through Jesus Christ. No matter how great our weaknesses or failures may be, God's mercy is greater.

Many people today live with fears—fear of illness, loneliness, financial struggles, or uncertainty about the future. Jesus does not promise that we will be free from difficulties, but He promises that we are never alone.

We are precious in God's eyes, and He watches over us. Do not be afraid.

## Psalm Refrain for June 21, 2026 - Twelfth Sunday in Ordinary Time

**“Lord, in your steadfast love, answer me.”**

**Parking Lot Reminder** Please note that parking lot hours are posted at the Cathedral entrance. For unlisted special events, the lot opens 30 minutes before and closes 30 minutes after the event. “Permit Parking Only” spaces are available for parishioners. Kindly note, the Cathedral is not responsible for vehicles left outside these times and for those vehicles parked behind the Cathedral. Thank you for your understanding.

### **Young Adults Summer Bible Study – Book of Romans**

All young adults are invited to take part in an **8-week Bible study on the Book of Romans**, beginning Monday, June 1, and held weekly from **5:00–7:00 pm** in the Cathedral basement up **until July 20**. This engaging study, using a video series by Ascension Press, explores the theme of salvation and the richness of life in Christ. All are welcome! Come grow in faith and fellowship this summer.

### **Cathedral Tour Is Open**

Our Cathedral Tour is officially open for the summer season. We’d love to show you our beautiful Cathedral! Guided tours run from **Monday to Friday at 10:00 am, 1:00 pm, and 2:30 pm**. Tours begin in the church foyer. All are welcome.

### **Catholic Women’s League: Hats for Those in Need**

CWL is encouraging everyone that is able to knit hats for those in need to continue the mission. We are, in faith, united in helping others in our community. We also request donations of yarn for those committed to our project. Please check for extra yarn you have and consider donating it for the knitting of the hats.

### **You’re Invited – Annual General Meeting**

Join us on **Sunday, June 28**, immediately **after the 10:30 am Mass** for our Parish Annual General Meeting. Light refreshments will be provided. Let’s come together in gratitude, celebration, and hope for the future of our parish community. Everyone is welcome!

### **Last Bulletin for the Summer**

The last bulletin for the summer will be circulated on Sunday, June 28. Please check the bulletin boards and website for upcoming events during the summer.

### **Soul Fire - Summer Edition**

Join us on Saturdays (June 27, July 25, and August 29) from 6:00 to 7:00 PM to unwind, reflect, and pray together. Our evening features uplifting praise and worship songs followed by a meaningful gospel reflection. We will conclude our time together by praying a decade of the Divine Mercy Chaplet. All are welcome, so please bring a friend!

### **Holy Communion for the homebound – Volunteers Needed**

Saint Mary’s Cathedral Basilica Parish is seeking compassionate volunteers to bring Holy Communion to parishioners who are homebound due to illness, age, or mobility challenges. This ministry helps them remain connected to the Eucharist and our parish community. Training will be provided.

Requirements:

- Practicing Catholic in good standing
- Parishioner of Saint Mary’s
- Reliable transportation
- Respectful and prayerful demeanor
- Willingness to attend formation sessions

To learn more or volunteer, please contact [rdmello@halifaxarmouth.org](mailto:rdmello@halifaxarmouth.org).

### **We Have FORMED!!!**

There is something for everyone here: award-winning studies and parish programs, inspiring audio content, movies, e-books, and family-friendly kids' programming. Watch anytime, anywhere with new content daily. Signing up for FORMED is quick, easy and free.

Just follow the simple instructions below.

1. Go to [formed.org/signup](http://formed.org/signup).
2. Search for your parish by Postal Code. Click on your parish.
3. Register with your name and email address.
4. Check that email account for a link to begin using FORMED. Start watching.



**DAILY BREAD**  
OUTREACH MINISTRY OF  
ST. MARY'S CATHEDRAL BASILICA

### **Daily Bread Outreach**

Our Daily Bread Outreach is one of the largest ministries at St. Mary’s, distributing free bag lunches to 100 drop-ins a day. Teams of volunteers prepare food and distribute it to all who need it from the Cathedral basement, Monday to Friday. It shows to guest and volunteer alike the message of Christ manifest in our everyday lives. Please contact the coordinator **Brother Grant McLean** to join our Parish Ministry of Hope by email: [dboutreach@halifaxarmouth.org](mailto:dboutreach@halifaxarmouth.org) or call 902-423-7574.

## **Financial Corner**

### **Financial Report**

**January to March 2026**

#### **Revenue :**

Actual : \$143,619

Budget : \$170,982

#### **Expense:**

Actual : \$160,390

Budget : \$176,601

#### **Net:**

Actual : \$ 16,771 Deficit

Budget : \$ 5,619 Deficit