



# HOLY SPIRIT PARISH

244 Lawrence Street, New Westminster, BC. V3M 5L1  
<https://holyspiritnewwest.ca> email: [parish.hs@rcav.org](mailto:parish.hs@rcav.org)



## Mission

*Holy Spirit Parish is a community demonstrating that God is known and loved through living and proclaiming the Gospel of Jesus Christ taught by the Roman Catholic Church through Word, sacrament and service with certain hope that all who repent and believe will have eternal life.*



## Vision

1. We see a parish that is diverse, Spirit-filled and vibrant, joyously worshipping together.
2. We see a parish generously caring for each other with our time, treasure and talents.
3. We see a parish with relevant, active and well-led ministries that are mission-oriented.
4. We see a new parish hall built in the next 3-5 years that serves as a gathering space for parishioners to learn, connect, grow and celebrate our faith.

## MASS TIMES

**Sunday Mass Schedule**  
Saturday Mass Of  
Anticipation 5pm.  
Sunday 9 am & 11 am

## Weekday Mass

Monday, Wednesday  
& Thursday - 9 am  
Tuesday & Friday - 7 pm  
Saturday 9am

## Novena to Our Lady of Perpetual Help

Every Wednesday morning  
at 8.30 am

## Sacrament Of Confession

Saturday 9.30 am - 10am  
4 pm - 4.30 pm  
or by appointment

## First Friday Adoration

6.30pm Followed By Holy  
Mass at 7pm

## PARISH OFFICE HOURS

### Tuesday To Friday

10:00am - 4.30pm -Lunch  
Break 12pm - 1pm

### Saturday

10.00am - 12:00 noon

**Office is closed  
on Monday**

## Eleventh Sunday in Ordinary Time, Year A, 14th June 2026

*“He bore them on eagles’ wings. He had compassion for them.”*

In this week’s readings, two images stand out to give us an idea of the relationship of the Lord with his people; with us.

The first reminds us that God carried the people of Israel ‘**on eagles’ wings**’. If they keep his covenant, they will become a holy nation. (**First Reading**)

The second, in Matthew’s **Gospel**, is the compassion of Jesus for his people. Feeling sorry for them, he calls his twelve disciples and gives them authority to heal and support them in their helplessness.

When we fully realise the extent of this compassion, we may want to cry out and sing with joy, like the **Psalmist**.

However, as the people failed to obey the Lord’s voice, God shows yet again his merciful love through the death of his Son for them; for us. (**Second Reading**)

This week, then, we might like to focus our prayer especially on those people in the world who feel harassed and helpless, trusting that the Lord will look after them

<https://stbeunosoutreach.wordpress.com/>

## Pope’s Intention June 2026

**For the values of sports**

Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

**Parish Ministries,  
Organization Services**  
**Knights Of Columbus**  
 Mark Rizzo  
**Legion Of Mary**  
 Fidel Carolino  
**Ministry Of Hospitality**  
 Coordinator: Jose Cruz  
**Ministry Of Lectors**  
 Coordinator: Armando Cordova  
**Flower Ministry**  
 Coordinator: Erlinda Lintag  
**Altar Servers Ministry**  
 Coordinator: Mark Villar  
**Catechetical Ministry**  
 PREP: Winnie Bernardo  
**Catholic Women's League**  
 President: Evangeline  
 Pagsanhan  
**Extraordinary Eucharistic  
Ministry**  
 Coordinator: Ray Jalilali  
**Music Ministry**  
 Ana Marie Avendano, Noreen Nicolas  
 Elvis Atienza, Alberto Taculod-Organist  
**Project Advance Team**  
 Art & Violet Tonido  
 Jun & Liezel Javier  
**Building Committee**  
 Theo Vanden Hoven  
**Be The Light Ministry**  
 Coordinator Rose Arcilla

**SACRAMENTAL LIFE OF THE PARISH**

**BAPTISM:** Call the parish office to register for the Baptism Preparation Course. This is for parents and godparents. It is held every 1st Saturday of the month from 1pm to 3pm. Baptism is every 3rd Sunday of the month at 1pm

**MARRIAGE:** Arrangements are to be made through the pastor at least six months prior to your wedding date. A marriage preparation course is a requirement of the Archdiocese. Secure a spot at all Marriage Prep courses. Go to registration webpage: <http://rcav.org/m-prep/>

**CONVALIDATION:** If your marriage was not celebrated as a Sacrament and you wish your marriage to be recognized by the Church, then call the parish office to make an appointment to see **Fr. Jack**  
**ANOIDING OF THE SICK :** Call the parish office to request a hospital visit or for communion to the sick at home.

**FUNERALS:** Please contact the office before making any arrangements with the Funeral Home.

**MASS INTENTIONS:** Did you know, Catholics can "offer" Mass?  
 We do so for multiple reasons such as thanksgiving, for another person/s such as a birthday, graduation or wedding anniversary or as is most common, for the repose(peace) of the soul of someone who has died. Mass Offering envelopes are available at the back of the Church

*Parish Events*

1. Please keep **Fr. Jack** in your prayers as he recovers from his surgery.
2. **First Holy Communion for the Grade 2 Prep class** will be held on **Sunday, June 14, 2026**, at the **11:00am** Mass. Please pray for them as they receive this great gift for the first time.
3. **The knights of Columbus** are holding their regular monthly meeting on **Sunday, June 14, 2026, at 2:30pm in the Parish Centre**. This will be their last meeting before the summer break, so all members are urged to attend.
4. **The Catholic Women's League** are holding a Coffee Meet and Greet after the Saturday evening and both Sunday morning Masses on the weekend of **June 13 and 14, 2026**. Take a few minutes to socialise with your fellow parishioners
5. **The Knights of Columbus** are holding their **pancake/tapsilog breakfast** in the Parish Centre on **Sunday, June 21, 2026** after both Masses. This will be their last breakfast before the summer break. The breakfasts will resume in September.
6. **Renovation of the carport by the Knights** will continue in the next few weeks.



Thank you for your generosity

<b>No. of envelops - 114</b>	
Regular collections	\$ 2,237.00
Building Fund	145.00
Catholic Missions	425.00
Insurance	5.00
Holy Land	5.00
Parish Feast Donation	480.00
<b>Total</b>	<b>\$ 3,297.00</b>
<b>Online Donations - May</b>	<b>\$ 2,841.53</b>



You can make an online offering using your credit card or set up automatic weekly or monthly donations  
 Please visit our website:  
[holyspiritnewwest.ca](http://holyspiritnewwest.ca)



<https://todayscatholic.org/>

**PRAYER TO THE SACRED HEART OF JESUS**



O most holy Heart of Jesus, fountain of every blessing, I adore you, I love you, and with a lively sorrow for my sins. I offer you this poor heart of mine. Make me humble, patient, pure, and wholly obedient to your will. Grant, good Jesus, that I may live in you and for you. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, your blessings on all that I do, and the grace of a holy death. Within your heart, I place my every care. In every need let me come to you with humble trust saying, Heart of Jesus, help me.

*Amen*

## All In All

## Saint Joachima



### Saint Joachima's Story

Born into an aristocratic family in Barcelona, Spain, Saint Joachima was 12 when she expressed a desire to become a Carmelite nun. But her life took an altogether different turn at 16 with her marriage to a young lawyer, Theodore de Mas. Both deeply devout, they became Secular Franciscans. During their 17 years of married life they raised eight children.

The normalcy of their family life was interrupted when Napoleon invaded Spain. Saint Joachima had to flee with the children; Theodore remained behind and died. Though Joachima re-experienced a desire to enter a religious community, she attended to her duties as a mother. At the same time, the young widow led a life of austerity and chose to wear the habit of the Third Order of St. Francis as her ordinary dress. She spent much time in prayer and visiting the sick.

Four years later, with some of her children now married and younger ones under their care, Joachima confessed her desire to a priest to join a religious order. With his encouragement, she established the Carmelite Sisters of Charity. In the midst of the fratricidal wars occurring at the time, Joachima was briefly imprisoned and later exiled to France for several years.

Sickness ultimately compelled her to resign as superior of her order. Over the next four years she slowly succumbed to paralysis, which caused her to die by inches. At her death in 1854 at the age of 71, Joachima was known and admired for her high degree of prayer, deep trust in God, and selfless charity. Saint Joachima was beatified by Pope Pius XII in 1940, and canonized by Pope John XXIII in 1959. Her liturgical feast is celebrated on August 28.

### Reflection

Saint Joachima understands loss. She lost the home where her children grew up, her husband, and finally her health. As the power to move and care for her own needs slowly ebbed away, this woman who had all her life cared for others became wholly dependent; she required help with life's simplest tasks. When our own lives go spinning out of control, when illness and bereavement and financial hardship strike, all we can do is cling to the belief that sustained Joachima: God watches over us always.

### Reflect

At the end of time, Paul tells us, Jesus will hand over everything to God, even Himself, so that "God may be all in all" (1 Cor. 15:28). Think about that. All will be in God and God will be in all. What does that tell us about our after life? And even more importantly, what does it tell us about this life? Is it this: that to enter into the fullness of God is our fate, one fate for all of creation? That is our afterlife—guaranteed. But, when the fullness of God's presence is felt—all in all—will that seem like Heaven to you? Or will that feel like Hell? Preparing ourselves, our appetites, our dispositions, our inmost desires, i.e. our souls to receive God "all in all" is the whole point of this life. The Law and the Prophets are guideposts, but the love of God must be your guide.

### Pray

Lord Jesus,  
fill my heart with a hunger for Your love.  
Let my desire always be Your will, Your mercy, Your kingdom.  
Keep me near You that I will know Your presence  
when we meet, and find myself there, resting in the fullness  
of Your Father's love.

### Act

To prepare ourselves for an eternity in the presence of God, we must learn to let go of anything that could get in the way, that might distract us from the glorious fullness of God's Love. Ask yourself, what do you value most in life? What do you spend most of your time thinking about, regretting, or longing for? Is it pleasure? Comfort? Success? Or is it the Love of God? Read Matthew 25: 31-45. It is an instruction manual for how (and where) to encounter God, and a blueprint for how we might want to spend our eternity.

[https://www.franciscanmedia.org/pausepray/Herman\\_Sutter](https://www.franciscanmedia.org/pausepray/Herman_Sutter)

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