

Saint Mary's Cathedral Basilica

June 07, 2026: The Solemnity of the Most Holy Body and Blood of Christ



Parish Office: 1559 Brunswick St., Suite 101 | Halifax, Nova Scotia | B3J 2G1

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Email: saintmary@halifaxyarmouth.org Website: www.stmcathedral.com

Office Hours

Monday-Friday, 10:00 am - 2:00 pm (closed 12-1 pm)

Cathedral Hours

Monday - Friday 8:30 am - 4:00 pm

Saturday 8:30 am - 4:30 pm

Sunday 8:00 am - 7:00 pm

Scan to Donate



Archbishop:

Most Rev. Brian Dunn

Deacon:

Rev. Mr. Bernie Young

Pastoral Assistant:

Ms. Rebecca D'Mello

Administrator:

Rev. Anthony Aguka

Daily Bread:

Rev. Br. Grant McLean, FoH

Director of Music:

Mr. Peter-Anthony Togni

Assistant Pastor:

Rev. Adolphus Amaechi

Secretary:

Mrs. Maria Azhagiri



St. Mary's Cathedral Basilica



@stmaryscathedralbasilica

Livestream the 10:30 am Mass at

<https://vimeo.com/halifaxyarmouth>

Liturgy and Sacraments

Mass Times

Sunday 8:00 am 10:30 am (with incense) & 5:00 pm

Monday 7:30 am & 12:15 pm

Tuesday 12:15 pm & 6:30 pm

Wednesday 7:30 am & 12:15 pm

Thursday 12:15 pm

Friday 12:15 pm

Saturday 12:15 pm

Confession

Saturday 10:00 am - 11:00 am

Adoration & Confession

Tuesday 7:00 pm - 8:00 pm

Weekly Events

Rosary for Vocations will be prayed every Saturday at 11:30 am.

All are welcome!

The Holy Heart Schola Cantorum sings Vespers (Evening Prayer) in Gregorian Chant every Sunday at 6:30 pm. All are invited to join in or listen to this beautiful sung prayer to mark the end of the Lord's Day.

The Gathering Join Catholic young adults for fellowship after the 5 pm Mass in the Currie Room every Sunday. IG: @cyag_thegathering
FB: St. Mary's Basilica Young Adults

Adoration Join us weekly on Tuesdays from 7:00 pm to 8:00 pm.

Daily Bread Outreach runs Monday to Friday from 1:00 pm to 2:30 pm from the basement hall.

E-bulletin Contact reception@halifaxyarmouth.org to sign up for your E-bulletin.

Announced Mass Intentions

Mon. June 08	07:30 am	Shirley D'Mello	Thurs. June 11	12:15 pm	Anne LeBlanc +
Mon. June 08	12:15 pm	Amos & Eileen Perry	Fri. June 12	12:15 pm	The Most Sacred Heart of Jesus
Tues. June 09	12:15 pm	Allen Parks +	Sat. June 13	12:15 pm	The Immaculate Heart of Mary
Tues. June 09	06:30 pm	Kudzie M+	Sun. June 14	08:00 am	Missa Pro Populo
Wed. June 10	07:30 am	Holy Souls in Purgatory	Sun. June 14	10:30 am	Cecil Woon +
Wed. June 10	12:15 pm	Margarita Gagasa	Sun. June 14	05:00 pm	Austin D'Mello +

From the Desk of Deacon Bernie

The Sherlock Holmes's story, "The Adventure of Silver Blaze", tells the story of a stolen racehorse and a murdered owner. The case is solved when Sherlock Holmes realizes a crucial bit of information – that none of those interviewed about the crime recalled the barking of the guard dog at the stable. Even the man eventually charged with the crime did not claim that the dog's frantic barking alerted him to the crime. All of this points to the fact that the murderer must have been known to the dog. The case is solved because of a lack of a clue – because of something missing. The term "the dog that does not bark" has become an idiom to mean that if there is no noise to the contrary, there must be agreement.

The Catholic Church teaches that when the priest, acting in the person of Christ, speaks the words, "This is my Body... This is my Blood..." the bread and wine on the altar are transformed into the true Body, Blood, Soul and Divinity of Christ. The Church teaches that when we receive Holy Communion, we are not receiving an image of Christ, but that we are receiving Christ Himself. That is why we reserve the Blessed Sacrament in the locked Tabernacle. That is why we are insistent that the Eucharist is handled reverently. This is and has been the teaching of the Church for over 2000 years. There has been no variation in this teaching. The absence of a "barking dog" speaks volumes about what the Church believes.

Let us pray:

God, our Father, strengthen my witness and conform my will to yours. Pour into my heart your Spirit that I might become fertile ground for your Word to take root. All this I ask through Christ, our Lord.

Psalm Refrain for June 07, 2026 - The Solemnity of the Most Holy Body and Blood of Christ
(Corpus Christi)
“Praise the Lord, Jerusalem!”

Parking Lot Reminder: Please note that parking lot hours are posted at the Cathedral entrance. For unlisted special events, the lot opens 30 minutes before and closes 30 minutes after the event. “Permit Parking Only” spaces are available for parishioners. Kindly note, the Cathedral is not responsible for vehicles left outside these times and for those vehicles parked behind the Cathedral. Thank you for your understanding.

Young Adults Summer Bible Study – Book of Romans

All young adults are invited to take part in an 8-week Bible study on the Book of Romans, beginning Monday, June 1, and held weekly from 5:00–7:00 PM in the Cathedral basement. This engaging study explores the theme of salvation and the richness of life in Christ, using a video series by Ascension Press. All are welcome! Come grow in faith and fellowship this summer.

Cathedral Tour Is Open

Our Cathedral Tour is officially open for the summer season. We’d love to show you our beautiful Cathedral! Guided tours run from **Monday to Friday at 10:00 am, 1:00 pm, and 2:30 pm.** Tours begin in the church foyer. All are welcome.

Chalice – Child Sponsorship Organization

Chalice is coming to St. Mary Cathedral Basilica Parish! At the **June 14th** Masses, Canada’s largest Catholic Child Sponsorship organization will provide an opportunity for you to begin a relationship with a child in the developing world through the benefits of Child Sponsorship. These are children in extreme poverty who need your support to excel in their education and fulfill their God-given potential. Please visit chalice.ca for more information about Chalice and its mission.

Catholic Women’s League: Hats for Those in Need

CWL is encouraging everyone that is able to knit hats for those in need to continue the mission. We are, in faith, united in helping others in our community. We also request donations of yarn for those committed to our project. Please check for extra yarn you have and consider donating it for the knitting of the hats.

The Society of Saint Vincent de Paul-Halifax - Volunteer Treasurer

The Society of Saint Vincent de Paul, Halifax, is seeking a volunteer Treasurer to help oversee our finances and support our mission. This is an opportunity to use your skills in service to others through a faith-based organization. Modest remuneration may be considered. Qualifications: Experience in Accounting, Bookkeeping or financial management (CPA preferred)
 Time Commitment: 15-20 hours/month plus two meetings. For more information or to express interest contact: Paul Vandall or Ray Burke at (902) 404-7000 or execdirector-hpc@ssvp.ca

Lost & Found

A mobile phone was found around the Cathedral and is kept at the parish office. If it belongs to you, please contact the office during regular hours.

Hospitality Ministry – Looking for volunteers

We are looking to grow our Hospitality Ministry and invite parishioners to prayerfully consider joining this important service to our community. The hospitality team creates a warm and welcoming environment by greeting parishioners and visitors before Mass and by assisting their needs during Mass. If you enjoy meeting new people, offering a friendly smile, and helping others feel at home in our parish family, we would love to have you on the team. For more information or to volunteer, please contact rdmello@halifaxyarmouth.org.

We Have FORMED!!!

There is something for everyone here: award-winning studies and parish programs, inspiring audio content, movies, e-books, and family-friendly kids' programming. Watch anytime, anywhere with new content daily. Signing up for FORMED is quick, easy and free.

Just follow the simple instructions below.

1. Go to formed.org/signup.
2. Search for your parish by Postal Code. Click on your parish.
3. Register with your name and email address.
4. Check that email account for a link to begin using FORMED. Start watching.



DAILY BREAD
OUTREACH MINISTRY OF
 ST. MARY'S CATHEDRAL BASILICA

Daily Bread Outreach

Our Daily Bread Outreach is one of the largest ministries at St. Mary’s, distributing free bag lunches to 100 drop-ins a day. Teams of volunteers prepare food and distribute it to all who need it from the Cathedral basement, Monday to Friday. It shows to guest and volunteer alike the message of Christ manifest in our everyday lives. Please contact the coordinator **Brother Grant McLean** to join our Parish Ministry of Hope by email: dboutreach@halifaxyarmouth.org or call **902-423-7574**.

Financial Corner

INCOME VS. PROPORTIONAL GIVING

Annual Income	1%	5%	10%
\$20,000	\$4	\$20	\$40
\$30,000	\$6	\$30	\$60
\$40,000	\$8	\$40	\$80
\$50,000	\$10	\$50	\$100
\$60,000	\$12	\$60	\$120

Suggested Weekly Gift to Parish

To calculate what you would like to give based on your annual household income, please complete the chart below:

Annual Income	% you wish to give	Divide by 52	Weekly offering