

Joke of the Week

A Catholic priest is drowning in the Ocean. A lifeguard swims past and asks the priest: "Do you need help?"

Priest replies: "Don't worry. God will save me."

A few minutes go by and another lifeguard swims past. He says: "Here, grab my hand I can help you get back to shore"

Priest replies: "Never fear, God will save me." A few more minutes go past and the Priest is really struggling.

A fishing boat comes along and they ask:

"Do you need help? Climb aboard we can help you. "

Again the priest replies: "I have faith, God will save me."

Priest drowns and goes to heaven. He meets God and asks "Why God? I have been a devout Catholic why did you not save me?!"

God replies "What are you talking about I sent you two lifeguards and a boat!"

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Saint Monica Parish

Worship of God, Fellowship with Each Other, Service to All

2080 Merivale Road, Nepean, ON K2C 3H1 Phone: (613) 727-1067
Office Hours: Monday - Friday 9:00 am to 4:00 pm.
Closed Saturday and Sunday.

WEEKEND MASSES
Saturday: 5pm
Sunday: 8am, 9:30 am, 11am, 7pm
WEEKDAY MASSES
Monday: 7pm (9am on holiday)
Tuesday: 9am
Wednesday: 7pm
Thursday: 9am
Friday: 9am
1st Saturday of the month - 9am

CONFESSIONS
Sat. Evening: 4:15 pm - 4:45 pm
Sun. Evening: 6:15 pm - 6:45 pm
Weekdays:
One hour before Mass
or by appointment

ADORATION
Monday & Wednesday
6pm - 6:45pm
Tuesday, Thursday & Friday:
8am - 8:45am


First Friday of the month
9:30am - 4pm
First Saturday of month
8am - 8:45am

Our Lady of Perpetual Help Novena
Wednesdays after Mass

Divine Mercy Cenacle
Every 4th Monday of the month
after the 7 pm Mass

WEBCAST SUNDAY MASS
The celebration of 11am Sunday Mass on the internet (YouTube)
<https://www.youtube.com/@StMonicaChurch>

**May 31 2026
Trinity Sunday**



Wednesday June 3rd Mass
We will have Mass at **9 am** on Wednesday June 3rd. There will be Adoration before Mass.
At 7 pm the church will be full with Confirmations. Any questions, please contact the Parish Office 613-727-1067 ext 221.

Financial Summary
Please note there was a minor error on the printed Financial Summary (available in the Foyer). Under Balance Sheets the total assets is not \$342,823. The total assets should be \$365,449. Sorry for the confusion

Mass Intentions *Praying Always*

	<p>+ Indicates deceased relatives & friends. To arrange a Mass intention, please call the parish office (613-727-1067 x 221).</p> <p>+++++</p>
Sat May 30	Trinity Sunday
5:00 pm	Thanksgiving for Blessings Received by Jocelyn
Sun May 31	Trinity Sunday
8:00 am	+ Jean Bernato Lafleur by Jean Baptiste & Marie Yvanna Samedy
9:30 am	Birthday Blessings for Zeraïyah Lauder by Juliette & Jean Daniel
11:00 am	Birthday Blessings for Frank Silva by Carmeline & Victor Amareskara
7:00 pm	+Constance Lapierre by Lapierre Family
Mon Jun 01	St Justin
7:00 pm	Birthday Blessings for Hal Prociuk by the Prociuk Family
Tue Jun 02	
9:00 am	+ Courtney Laginski by Gary & Madeleine Gulas
Wed Jun 03	St Charles Lwanga & Companions
9:00 pm	+ Macario Torres by Robella Folliet
Thu Jun 04	
9:00 am	+Jean Bernato Lafleur by Frank & Sriyani Silva
Fri Jun 05	St Boniface
9:00 am	Birthday Blessings for Sunny Joseph by his Family
Sat Jun 06	Corpus Christi Sunday
9:00 am	Mass
5:00 pm	Thanksgiving for Blessings Received for Andy Plonquet by Jocelyn
Sun Jun 07	Corpus Christi Sunday
8:00 am	Blessings for Fernand Monpetit by Ian
9:30 am	+ Tommy Craig by his Family
11:00 am	+Jean Bernato Lafleur by Jean Baptiste & Marie Yvanna Samedy
7:00 pm	Blessings for Tam Bolivar by Rommelle



PLEASE KEEP IN YOUR PRAYERS, THOSE WHO ARE SICK...

Robert Clayton, Gianna Crupi, Ludmilla Grabetz, John Ward, Mike O'Neil, Jean Lapierre, Loraine Lamothe, Jacques Drury, Josephine Manalo, Josh, Sylvia Lopez, Norah Shanque, Norma Mousaw, Filomena Micucci, Linus Fontenard, Pam Devaux, Maureen Derrick, Edouardo Vásquez, Jeannette Ranta, Craig Campbell, Laura Lamothe, Mary MacNeil

If you would like us to pray for someone who is ill, please call the parish office

Finance Council

You are welcome to continue to use automatic bank deposits, Interac, (donations@saintmonicaparish.ca) and credit card. Note that 'CanadaHelps' will issue the income tax receipt if you use this feature to donate through our parish website (<https://saintmonicaparish.ca>). For a set of donation envelopes, call the parish office at 613-727-1067.

INCOME TAX RECEIPTS : Anyone wishing to receive their income tax receipts electronically please email Robella at: finance.pariah.smp.sap@gmail.com

Pope's Prayer Intentions May 2026



That everyone might have food
Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food.

PARISH ADMINISTRATION

Pastor: Fr. Pierre Champoux
ppriest@saintmonicaparish.ca 727-1067 x 225

Associate Pastor: Fr. Kevin Burgess
kevin.burgess@ottawacornwall.ca 727-1067 x 223

Associate Pastor: Fr. Kipling Cooper
kipling.cooper@ottawacornwall.ca 727-1067 x 226

Deacon: Rev. Mr. Thomas Cuddihy
t.cuddihy@rogers.com 599-5266

Admin. Assistant: Doreen Cripps
secretary@saintmonicaparish.ca 727-1067x221

School Age Sacramental Coordinator: Milva Calla
sacraments.schoolage@gmail.com 727-1067 x238

Parish Finance: Robella Folliet
finance.pariah.smp.sap@gmail.com 727-1067 x 222

Property Mgmt: Charlie Vo

PARISH MINISTRIES

Divine Mercy Cenacle: 4th Monday of the Month
Hélène Picard divinemercycenacle7@gmail.com

Finance Council:
Chair: Dawn Campbell 613-727-1067

Land & Building Committee
Vacant

Extraordinary Ministers of Holy Communion
Rohan Fernando nimalrohan@gmail.com

Music Ministry:
Reno Santini (5:00 & 7:00 pm) 613-843-8210
Trevor DeFreitas (11:00 am) 613-725-7569

Sacristan
Contact Parish Office 613-727-1067 x 221

School Sacrament Preparation
Milva Calla 613-727-1067 x238

Parish Social Life Committee
Connie Carlotti 613-327-6037

Gianna Crupi 613-823-4228

Parish Leadership Council
Chairperson: vacant

Lectors & Commentators
Rosanna Mendoza rosanna.mendoza@yahoo.com

Art Lawless (9:00 am) 613-823-8884

Baptismal Prep
Contact Parish Office 613-727-1067 x 221

Knights of Columbus: Grand Knight: Barry Brown
brother_barry@hotmail.com

Social Outreach:
TBA

Lord, send forth your Spirit, and renew the face of the earth.- Psalm 104

PARISH SCHOOLS

St. Monica Elementary School
613- 226-5174
2000 Merivale Rd.
Principal: Kristen Charles

St. Andrew Elementary School
613-843-0050
201 Crestway Dr.
Principal: Jennifer Flynn

Announcement from Fr Kevin

Last week, Archbishop Marcel Damphousse announced the pastoral appointments for the Archdiocese of Ottawa-Cornwall. As of August 1st 2026, I have been appointed half-time Associate Pastor of St. Philip Parish in Richmond and St. Clare Mission in Dwyer Hill and half-time Associate Pastor of Holy Redeemer Parish in Kanata. On the same day, Fr. Primus Chika Orih is appointed Associate Pastor of St. Monica Parish and St. Andrew Community. In other words, after one year journeying with you, I have been sent on a new mission, whereas Fr. Pierre and Fr. Kipling continue their mission among you, the faithful of St. Monica and St. Andrew. Please keep Fr. Primus, myself, and all of the priests who are taking on a new ministry or parish in your prayers.

The image that comes to mind at this time, given my short time here in Nepean and Barrhaven, is a recent NASA space mission known as Artemis. The mission, launched April 1st 2026, was to test-fly the first crewed flight of the Orion spacecraft. Their journey brought them to do a fly-by around the Moon and return to Earth. The big test was how the heat shield would hold during Orion's descent through Earth's atmosphere. Thankfully it did and the mission ended with a splash-down in the Pacific Ocean on Friday April 11th 2026. A fly-by: this is what my short time here at St. Monica's and St. Andrew's has felt like.

However, something significant happened to some of the astronauts upon returning home. One story in particular stands out. The commander, Reid Wiseman, was not religious before the Artemis II mission. But after his experience in space, and after witnessing the beautiful images of the Earth simply floating in dark space, upon his return he broke down in tears seeing the chaplain's cross. The point I am making here is that just because a mission is short, or just because it is a fly-by, it does not mean that something significant did not happen. For me anyway, as I celebrate my 4th anniversary of ordination to the priesthood on May 31st, I will cherish my time here at St. Monica's and St. Andrew's knowing that the Holy Spirit wanted me here even for just a year. You have all helped me grow as a priest, who for the first three years was just a 'city slicker' from downtown Ottawa. Many thanks to Fr. Pierre and Fr. Kipling, our deacons, staff, and volunteers who continue to make both of our parishes real places of encounter with our Lord Jesus.

It is Trinity Sunday, a Sunday where we reflect on who God is: the Most Holy Trinity. It remains a mystery that even some of the most inspired theologians in our Church's history have found themselves puzzled. St. Thomas Aquinas though had a great insight. He spoke about the missions of the Trinity. The Father sends the Son, and through the Son, he sends us the Holy Spirit to save us. All of us share in that mission from the Holy Spirit to bring the Good News, to serve, and to love our neighbor. All of this is meant to draw us all together back to the Father. May we always be attentive and open to wherever and whoever the Spirit is leading us. As a priest, especially as an associate pastor, that mission often involves a quick ejector seat.

Fr Kevin Burgess

In the Parish

Fr Pierre's 25th Anniversary of Ordination

Join the celebration on **Sunday June 7th** Please join us on this wonderful occasion. We will start with a special Mass at 2 pm at St Monica Parish, followed by a social time with refreshments. Come join us for the fun! More info at <https://evite.me/3YYzrstUbV>



Four Seasons Book Club

Join us for our next book "Hail Holy Queen" by Scott Hahn. Our next book club meeting will be held on 11th of June, 2026 at St Monica Church in the Upper Room beginning at 7 pm. Join us for discussion on this inspiring book.



O Triune God, your threefold name was placed upon us when we were baptized in the name of the Father, of the Son, and of the Holy Spirit. And this day we worship the Trinity in person and the Unity in substance of Majesty coequal. Grant us the grace to continue in this faith until we join the hosts of heaven that cry, Holy, holy, holy before your heavenly throne, you who live and rule, one God, through all eternity. Amen.

Land & Building Committee Members Needed

Re-establishing this committee is a top priority for St. Monica Parish, which is currently over 60 years old. Like your own home, the parish needs to be proactive in maintaining the building and anticipating future repairs. Due to the importance of this committee, this is being established as a 'stand-alone' committee reporting to the parish pastor. We are seeking members with a background in property management, engineering, and building trades.



Family Member or Friend Hospitalized?

If you have a loved one at The Civic or General hospitals and would like someone to bring them Communion or visit with them, please contact the Parish Office with their name, floor, room and bed number. We will do our best to get someone to bring Communion or just visit and pray with them.