



Archdiocese of Vancouver  
MINISTRIES AND OUTREACH OFFICE



# ARISE

**OVERNIGHT RETREAT FOR YOUTH ENTERING  
GRADE 9 & 10 IN SEPTEMBER 2026**

*Camp Jubilee, North Vancouver*

*June 29- July 2, 2026*

**YOUTH PARTICIPANT  
RESOURCE GUIDE**



# Archdiocese of Vancouver

MINISTRIES AND OUTREACH OFFICE

February, 2026

**Dear Parent/Guardian,**

We are so excited to be with your child at Camp Jubilee for “Arise”! This retreat is organized by the Ministries and Outreach Office of the Archdiocese of Vancouver and will take place from Monday, June 29 to Thursday, July 2, at Camp Jubilee in North Vancouver.

This overnight retreat is designed for those who have completed their first and/or second year of high school and will explore the question of “Who am I and how do I answer my call to holiness within my family, my friends, at the parish and with the greater church community?” Much like a summer camp, the program will also include swimming, canoeing, hiking, and craft-making.

By having your son/daughter participate in such a program, they will surely gain valuable life experiences that will be treasured for a lifetime.

***Please complete the Registration Form, the Permission & Medical Form, and the Camp Jubilee Waiver Form (found at the back of this package) and submit them and the registration fee (\$450 per person) to your group contact person for this retreat. Your group contact person will then forward the information on to us. (The M&O Office will not accept individual registrations.)***

***\*Please be sure to inform your group’s head Adult Leader (or group contact person) of any special needs, conditions, or considerations with your child they need to be aware of.***

Also included in this registration package are:

- **Directions to Cates Park:** where we will meet and board the boats to Camp Jubilee
- **Packing List:** Please ensure that your youth have all the items listed and that they are packed as efficiently as possible. We are limiting each youth to just 2 large bags which should include everything on the packing list.
- **Information about Camp Jubilee**

Thank you for allowing your child to participate in this year’s retreat. We are sure you won’t be disappointed!

If you have any questions, please do not hesitate to reach out to me.

Peace be with you.

Faye McCreedy  
Retreat Coordinator  
(604)683-0281, ext. 239  
[fmccreedy@rcav.org](mailto:fmccreedy@rcav.org)



# Cates Park Directions

GPS Address:  
4141 Dollarton Hwy, North  
Vancouver, BC

***Boat Departures will  
Depart and Return  
from Cates Park,  
North Vancouver***

Head westbound on Hwy 1 over  
the Iron Workers Bridge, then:

- Take Exit 23B towards  
Dollarton Hwy
- Continue onto Dollarton Hwy
- Turn Right into Cates Park



*- "Are we there yet?"*

## Cates Park Drop Off/ Parking Information

- **Overnight Parking is not allowed at Cates Park, however limited street parking can be found off Dollarton Hwy. We highly encourage you to arrive via public transit, charter bus or car-pool.**
- **Boat Dock: We ask that you do not wait on the dock. Please follow the Camp Jubilee signs and wait until one of our staff members greets your group.**
- **No Drop offs/parking allowed in the boat trailer parking lot**



# ARISE: PACKING LIST

## WHAT TO BRING:

**\*\* Please label all your belongings with your name and parish or school\*\***

**Use proper luggage/duffle/backpacks for packing your things.**

- Sleeping bag and pillow (please do not use plastic garbage bags as a cover/bag for your sleeping bag and pillow! They tear easily.)
- Clothing (appropriate for a Christian environment)
  - For hot weather (shorts, t-shirts, sandals, etc.)
  - For cool weather (pants, sweaters, socks, etc.)
  - Rain gear
  - Modest bathing suit
- Towel
- Sunscreen
- Insect Repellent
- 1 box of medical masks (25 masks)
- Outside Shoes for running and hiking
- "Inside Shoes" or slippers for indoor dining and activities
- Toiletries
  - Toothbrush and tooth paste
  - Shampoo and soap
  - Any necessary medication / specific first aid
- Flashlight
- Pen and Paper
- 2 Water Bottles
- 2 Large garbage bags (new and not used for packing your gear)
- A willingness to meet new people and grow in their faith! ☺

## WHAT NOT TO BRING:

- Electronic devices such as Gaming Devices/consoles, iPads, Tablets, Laptops, etc.  
*You may bring your mobile phone but is only to be used as a camera. Any usage other than directed by the leadership team and for taking photos will result in the device being confiscated and only returned at the discretion of the chaperone and or the program coordinator.*
- Weapons of any sort
- Drugs and Alcohol of any kind will not be tolerated
- Snacks – All meals and snacks will be provided by Camp Jubilee and the Ministries and Outreach Office (Snacks will not be permitted in the cabins as they pose a risk to pest infestation)

**\*\*Camp Jubilee is a Nut-Free Zone.\*\***

# Heat Treatment Room Process



## WHAT CAN GO IN

- CLOTHING
- BEDDING
- BAGS WITH ZIPPERS
- TARPS
- THICK PLASTIC BAGS

\*\*If you have additional guest needs,  
please email our office at  
[stay@campjubilee.ca](mailto:stay@campjubilee.ca)\*\*

## HEAT ROOM

At Camp Jubilee we are aware of bed bugs in the Lower Mainland and have proactively taken steps to avoid problems. A bed bug heat chamber is onsite to treat all belongings of the guests and staff.

This process takes about 2 hours or more upon arrival. The room gets as hot as the high setting on a dryer.



## WHAT CAN'T GO IN

- TOILETRIES
- FLASHLIGHTS
- BATTERIES
- ELECTRONICS
- LIQUIDS

Pack the above in a separate bag that can be removed from your main bag

## **Arise 2026**

### **SAMPLE SCHEDULE** **(Days 2, 3)**

- 7:30am Wake-up**
- 7:45am Daily Mass** (depending on priest availability)
- 8:30am Breakfast**
- 9:30am Morning Prayer and Workshop**
- 10:00am Morning Session**
- 12:30pm Lunch**
- 1:20pm Swimming**
- 2:00pm Recreation Activities #1**
- 3:30pm Recreation Activities #2**
- 5:30pm Dinner**
- 6:15pm Adult Leaders' Meeting**
- 6:45pm Evening Session**
- 8:00pm Small Group Time w/ Snack**
- 8:30pm Evening Prayer**
- 9:30pm Youth Back to Cabins and prepare for sleep**
- 10:00pm Lights out**

**Emergency Number during week: Camp Jubilee at 604-937-7388 or leave a message at the Ministries and Outreach Office in Vancouver @ 604-683-0281, ext. 239  
(The staff from the Ministries and Outreach Office will retrieve messages twice daily).**

**Arise**  
**Youth Retreat**  
**June 29– July 2, 2026**  
**REGISTRATION FORM**

*This information is collected and protected by the Ministries and Outreach Office in accordance with the Personal Information Protection Act and will only be used for Arise 2026 registration and emergency medical purposes.*

**YOUTH INFORMATION**

FIRST NAME \_\_\_\_\_ LAST NAME \_\_\_\_\_  
DATE OF BIRTH \_\_\_\_\_ GENDER  Female  Male  
SCHOOL IN SEPT. 2026 \_\_\_\_\_ GRADE \_\_\_\_\_  
ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ P. CODE \_\_\_\_\_

**PARENT/GUARDIAN INFORMATION**

NAME(S) OF PARENT or GUARDIAN \_\_\_\_\_  
HOME PHONE # \_\_\_\_\_  
MOTHER/GUARDIAN WORK PHONE # \_\_\_\_\_ CELL # \_\_\_\_\_  
FATHER/GUARDIAN WORK PHONE # \_\_\_\_\_ CELL # \_\_\_\_\_  
  
PARISH \_\_\_\_\_ CITY \_\_\_\_\_

**ARISE**  
**June 29– July 2, 2026**

**PERMISSION FORM & AUTHORIZATION FOR MEDICAL TREATMENT**

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To Whom It May Concern:

As a parent and/or guardian, I do herewith authorize the treatment by a qualified and licensed medical doctor of (Participant) \_\_\_\_\_ in the event of a medical emergency which, in the opinion of the attending physician, may endanger his or her life, cause disfigurement, physical impairment or undue discomfort if delayed.

This release is intended for June 29- July 2, 2026. This release form is completed and signed of my own free will with the sole purpose of authorizing medical treatment under emergency circumstances in my absence.

Signed \_\_\_\_\_  
(Father, Mother, legal guardian) (Date)

\_\_\_\_\_  
(Address) (City) (Postal Code)

Participant B.C. Care Card Number \_\_\_\_\_  
Family Physician: \_\_\_\_\_ Phone \_\_\_\_\_

Specific medical allergies, chronic illnesses or other condition, dietary needs and any current medications:

\_\_\_\_\_

\_\_\_\_\_

Person(s) to contact in case of emergency:

Option #1: Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_  
Option #2: Name \_\_\_\_\_ Relation \_\_\_\_\_ Phone \_\_\_\_\_

While the Ministries and Outreach Office staff, and the Homecoming organizers and volunteers will take reasonable steps to prevent injuries to your child, some degree of risk is inherent in the nature of activities and may occur without fault on the part of your child, the Ministries and Outreach Office, volunteers, the Archdiocese of Vancouver, or the facility where the event is taking place. By allowing your child to participate in this event, you are agreeing that the event described above is suitable for your child and that there is a risk of injury associated with this event.

I also consent to having still images and video of my child used by the Ministries and Outreach Office on its website, social media channels, and other promotional material.

The undersigned parent/ guardian of \_\_\_\_\_, a minor, hereby releases and agrees to hold harmless the above named parish/ school or any of its advisors, chaperones or persons connected with the trip from any liability, claims, damages for personal injury, property loss/ damage which may result during *Arise* at CAMP JUBILEE, North Vancouver, on June 29- July 2, 2026.

The undersigned (Participant) \_\_\_\_\_ hereby agrees to abide by the rules established for the above event.

Dated this \_\_\_\_\_ day of \_\_\_\_\_, 2026.

\_\_\_\_\_  
*Signature of Parent / Guardian*

\_\_\_\_\_  
*Signature of Participant*

## CAMP JUBILEE WAIVER FORM *(Required)*

You are also required to fill out the Camp Jubilee Online Waiver form found here, due on June 12:

<https://tinyurl.com/32sd5spk>

Once you fill out the form, you will be sent an email from "WaiverSign Support" which is an automatic email from Camp Jubilee. If you do not receive this email, please check your "junk mail".

Please forward the email with the copy of your waiver to Ava Gravela ([agravela@rcav.org](mailto:agravela@rcav.org)) for our records.